

Mempelajari hubungan antara perilaku obsesif kompulsif dan trait anxiety serta Neuroticism dalam interaksi media sosial melalui telepon genggam = Investigating the relationships of obsessive-compulsive behaviour, trait anxiety and neuroticism in the context of social media interaction by mobile phones usage

Azzahra Fairuz, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20416461&lokasi=lokal>

Abstrak

[ABSTRAK
 Obsessive Compulsive disorder telah dikaitkan dengan anxiety dan neuroticism. Studi ini bertujuan untuk mempelajari hubungan antara perilaku obsesif kompulsif dengan dua konstruk tersebut di dalam konteks interaksi media sosial melalui telepon genggam. Mengobservasi apakah orang-orang dengan level perilaku obsesif kompulsif yang tinggi akan mempunyai dampak berbeda terhadap kepribadian mereka menjadi topik yang menarik karena banyaknya orang yang menggunakan smartphone di zaman sekarang. Lebih dari itu, aspek perilaku dari obsesif kompulsif, anxiety dan neuroticism yang akan dianalisa, bukan aspek gangguan mental. Studi ini menganalisa hubungan dengan menggunakan metode korelasi Pearson's r. Subjek dalam studi ini adalah 194 mahasiswa dan mahasiswi S1 dengan jangka umur 18 sampai dengan 47 tahun. Mereka diberi instruksi untuk mengisi kuesioner online yang item-item nya berasal dari skala perilaku obsesif kompulsif, State Trait Anxiety Inventory (STAI), dan skala neuroticism dari International Personality Item Pool (IPIP). Hubungan korelasi positif yang signifikan telah ditemukan antara perilaku obsesif kompulsif ketika menggunakan telepon genggam dengan trait anxiety serta neuroticism. Studi ini menyimpulkan bahwa tipe kepribadian tertentu dapat mempengaruhi perilaku manusia dalam mengerjakan aktifitas tertentu, di studi ini, hal itu bisa meningkatkan level obsesif kompulsif yang dapat merugikan orang.ABSTRACT Obsessive compulsive disorder has been linked to anxiety and neuroticism. This study aimed to explore such relationships in the context of social media interaction by mobile phones. Due to the widespread use of mobile phones nowadays, especially by university students, it is interesting to observe whether people with higher level of obsessive compulsiveness will be affected differently by the way they use their mobile phones. Moreover, instead of analysing the disorder, the behaviour and trait aspect of obsessive compulsive, anxiety and neuroticism will be discussed. The study examines the relationship with correlational method (Pearson's r). Self-report online questionnaires were administered to 194 undergraduate students aged 18-47 years. It consisted of the Obsessive-Compulsive Behaviour (OCB) scale, State Trait Anxiety Inventory (STAI), International Personality Item Pool (IPIP) neuroticism subscale. The result showed significant positive correlation between obsessive compulsive behaviour in mobile phone usage and anxiety. Furthermore, it also showed that obsessive compulsive behaviour in mobile phone usage is significantly positively correlated with neuroticism. This study offers an understanding on how certain personalities can influence our behaviour in doing certain activity, in this case it may increase obsessiveness and compulsiveness which may be disadvantageous for people.;Obsessive compulsive disorder has been linked to anxiety and neuroticism. This study aimed to explore such relationships in the context of social media interaction by mobile phones. Due to the widespread use of mobile phones nowadays, especially by university students, it is interesting to observe whether people with higher level of obsessive compulsiveness will be affected differently by the way they use their mobile phones.

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