

**Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan ketidakberdayaan pada klien diabetes melitus tipe 2 di Ruang Antasena Rumah Sakit Dr. H. Marzoeki Mahdi Bogor = Analysis of clinical practices of urban people health treatment on powerlessness of type 2 dm patients at Antasena Room Dr. H. MarzoekiMahdi Hospital, Bogor**

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Abstrak

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Rasa tidak berdaya merupakan salah satu masalah psikososial yang dapat muncul setelah seseorang menderita penyakit kronis. DM merupakan salah satu penyakit kronis yang dapat dan mengakibatkan seseorang merasa lemah dan merasa tidak berdaya. Perasaan ini merupakan kondisi dimana seseorang kehilangan kontrol terhadap situasi dan merasa tidak bermakna serta merasa tidak bisa mencapai apa yang diinginkan dalam hidupnya. Tindakan yang bisa digunakan untuk menangani pasien DM tipe 2 dengan perasaan tidak berdaya ini adalah teknik berpikir positif dan harapan (afirmasi) positif. Dua teknik tersebut terbukti berhasil dan dapat digunakan oleh para perawat untuk membantu pasien dengan masalah yang sama di ruang rawat umum.

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<b>ABSTRACT</b><br>

Powerlessness is one of psychosocial problems arising after someone suffers from chronic diseases. DM is one of chronic diseases that can make someone feels weak and feels powerless. This feeling is one condition in which someone loses control of situation, feels insignificant and unable to achieve his or her dreams. The treatment that can be used to help DM 2 patients with powerlessness problems is positive thinking and positive expectation (affirmation). Both techniques are proven to have been successful and can be used by nurses to help patients with similar problems in the general treatment wards., Powerlessness is one of psychosocial problems arising after someone suffers from chronic diseases DM is one of chronic diseases that can make someone feels weak and feels powerless This feeling is one condition in which someone loses control of situation feels insignificant and unable to achieve his or her dreams The treatment that can be used to help DM 2 patients with powerlessness problems is positive thinking and positive expectation affirmation Both techniques are proven to have been successful and can be used by nurses to help patients with similar problems in the general treatment wards ]