

# Analisis praktik Klinik Keperawatan Kesehatan Masyarakat Perkotaan Ansietas pada klien gagal ginjal kronik di Ruang Antasena Rumah Sakit DR. H. Marzoeki Mahdi Bogor = Analysis of Urban Community Health Nursing Practice on anxiety client with Chronical Kidney Disease at RS. DR. H. Marzoeki Mahdi Bogor

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## Abstrak

[<b>ABSTRAK</b><br>

Ansietas merupakan salah satu masalah psikososial yang sering terjadi di masyarakat perkotaan. Ansietas merupakan perasaan was-was, ketakutan atau ketidakberdayaan terhadap sesuatu yang dialami oleh individu. Pengobatan yang tertunda atau penghindaran terhadap pengobatan menjadi salah satu akibat dari ansietas pada klien dengan penyakit kronis. Tindakan keperawatan yang dapat dilakukan untuk mengatasi masalah ansietas yaitu teknik napas dalam, teknik distraksi, dan hypnosis 5 jari. Intervensi tersebut terbukti berhasil dapat digunakan oleh perawat untuk membantu menurunkan dan mengontrol tingkat ansietas yang dialami klien di ruang perawatan umum.

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<b>ABSTRACT</b><br>

Anxiety is one of the health problems which is dominated in urban community. Anxiety is feeling fear, worrying, or vague as respon something toward can?t described. Delayed in medical or avoiding medical is one of the effect of anxiety in client with chronicle disease. Intervention given by implementation strategy of nursing actions related to anxiety problems. Intervention of anxiety are deep breath relaxation, distraction, finger hypnosis, and spiritual activity successful to reduce anxiety that nurses can do.;Anxiety is one of the health problems which is dominated in urban community. Anxiety is feeling fear, worrying, or vague as respon something toward can?t described. Delayed in medical or avoiding medical is one of the effect of anxiety in client with chronicle disease. Intervention given by implementation strategy of nursing actions related to anxiety problems. Intervention of anxiety are deep breath relaxation, distraction, finger hypnosis, and spiritual activity successful to reduce anxiety that nurses can do.;Anxiety is one of the health problems which is dominated in urban community. Anxiety is feeling fear, worrying, or vague as respon something toward can?t described. Delayed in medical or avoiding medical is one of the effect of anxiety in client with chronicle disease. Intervention given by implementation strategy of nursing actions related to anxiety problems. Intervention of anxiety are deep breath relaxation, distraction, finger hypnosis, and spiritual activity successful to reduce anxiety that nurses can do.;Anxiety is one of the health problems which is dominated in urban community. Anxiety is feeling fear, worrying, or vague as respon something toward can?t

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