

# Intervensi keperawatan inhalasi sederhana untuk mengatasi masalah keperawatan ISPA pada anak usia sekolah di RW 07 Kelurahan Sukamaju Baru, Kecamatan Tapos, Depok = Nursing interventions steam inhalation for treating acute respiratory infections in school-age children at RW 07 Kelurahan Sukamaju Baru, Kecamatan Tapos, Depok

Mustafrikhatul Maftukhah

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20416931&lokasi=lokal>

---

## Abstrak

[**ABSTRAK**]

Agregat anak usia sekolah pada masyarakat perkotaan berisiko terkena infeksi saluran pernapasan akut (ISPA) karena faktor biologis, lingkungan, dan gaya hidup. Karya ilmiah ini bertujuan untuk memberikan gambaran mengenai intervensi keperawatan inhalasi sederhana dalam mengatasi masalah keperawatan ISPA pada anak usia sekolah di keluarga. Metode yang digunakan adalah dengan melakukan praktik asuhan keperawatan kepada keluarga dengan anak usia sekolah yang menderita ISPA. Intervensi inhalasi sederhana yang dilakukan pada pasien ISPA terbukti efektif untuk mengencerkan dahak. Setelah dilakukan asuhan keperawatan selama 10 kali pertemuan, hasil yang didapatkan menunjukkan bahwa pengetahuan keluarga mengenai ISPA meningkat dan bersihan jalan napas pada anak efektif. Inhalasi sederhana direkomendasikan dapat diterapkan dalam penanganan ISPA.

<hr>

**ABSTRACT**

School-age children in urban communities have a high risk of acute respiratory infection (ARI) due to biological, environment, and lifestyle factors. This paper aims to give an overview about the application of steam inhalation as a nursing intervention for treating ARI in school age children on the family. The method that used for this action is the practice of nursing care families with school-age children that have suffered from ARI. Steam inhalation interventions performed on ARI's patients proven effective to thin the phlegm. After nursing care for 10 meetings, the results obtained show that knowledge about ARI in the family was increased and airway clearance in children was effectively. Steam inhalation is recommended to be applied in the management of ARI., School-age children in urban communities have a high risk of acute respiratory

infection (ARI) due to biological, environment, and lifestyle factors. This paper aims to give an overview about the application of steam inhalation as a nursing intervention for treating ARI in school age children on the family. The method that used for this action is the practice of nursing care families with school-age children that have suffered from ARI. Steam inhalation interventions performed

on ARI's patients proven effective to thin the phlegm. After nursing care for 10 meetings, the results obtained show that knowledge about ARI in the family was increased and airway clearance in children was effectively. Steam inhalation is recommended to be applied in the management of ARI.]