

# Penguatan upaya pencegahan infeksi saluran pernapasan akut (ISPA) pada keluarga Bapak S dengan anak usia sekolah di RW 07 Kelurahan Sukamaju Baru Kecamatan Tapos Depok = Strengthening of Acute Respiratory Infection (ARI) prevention efforts in Mr. S family with school age children at RW 07 Kelurahan Sukamaju Baru Kecamatan Tapos Depok

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## Abstrak

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Keluarga Bapak S yang beranggotakan Ibu W, An. M, An. F, dan An. P berisiko mengalami ISPA berulang. Ada beberapa faktor penyebab ISPA antara lain rendahnya status nutrisi, kebersihan lingkungan, dan polusi udara. Status gizi Anak P tergolong dalam gizi kurang sehingga sistem kekebalan tubuh An. P tidak dapat bekerja secara maksimal. Tujuan dari asuhan keperawatan adalah mencegah terjadinya ISPA berulang pada keluarga bapak S. Intervensi yang dilakukan oleh perawat adalah peningkatan asupan nutrisi seimbang sebagai penguatan upaya pencegahan ISPA pada keluarga Bapak S. Tindakan yang dilakukan berupa modifikasi penyajian makanan dan pembuatan jadwal makan dengan penerapan reinforcement positive. Hasil yang didapatkan ialah tidak terjadi ISPA pada An. P selama 7 minggu kunjungan.

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<b>ABSTRACT</b><br>

Mr. S family is consisting of Mrs. W, Children M, F, and P have a risk for recurrent ARI. There are some factors that cause ARI such us poor nutritional status, environmental cleanliness, and air pollution. P nutritional status classified as malnutrition so the immune system doesn't work optimally. The purpose of nursing care is preventing recurrent ARI in Mr. S family. Nursing intervention that was given to the client is increasing balanced nutrition intake as strengthening effort to prevent ARI in Mr. S family. Actions taken in the form of a modifying presentation of the food and creating feeding schedule using positive reinforcement. The result is ARI never happened to P during 7 weeks of intervention visit.;Mr. S family is consisting of Mrs. W, Children M, F, and P have a risk for recurrent ARI. There are some factors that cause ARI such us poor nutritional status, environmental cleanliness, and air pollution. P nutritional status classified as malnutrition so the immune system doesn?t work optimally. The purpose of nursing care is preventing recurrent ARI in Mr. S family. Nursing intervention that was given to the client is increasing balanced nutrition intake as strengthening effort to prevent ARI in Mr. S family. Actions taken in the form of a modifying presentation of the food and creating feeding schedule using positive

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