

## Analisis praktik keperawatan kesehatan masyarakat perkotaan: Ansietas pada klien vesikolithiasis di RS Dr. H. Marzoeqi Mahdi Bogor = Analysis of urban community health nursing practice: Anxiety on vesicolithiasis client at RS Dr. H. Marzoeqi Mahdi Bogor

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### Abstrak

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Ansietas merupakan salah satu masalah kesehatan psikososial yang lebih banyak dialami oleh masyarakat perkotaan. Penulisan Karya Ilmiah Akhir Ners ini bertujuan untuk memberikan analisis praktik keperawatan kesehatan masyarakat perkotaan terkait masalah ansietas pada klien dengan vesikolithiasis. Penulis melakukan asuhan keperawatan psikososial selama enam hari kepada klien yang mengalami ansietas sedang. Vesikolithiasis memunculkan berbagai permasalahan yang turut menjadi salah satu penyebab ansietasnya. Intervensi yang diberikan berupa rangkaian strategi pelaksanaan tindakan keperawatan psikososial ansietas. Evaluasi hasil implementasi menunjukkan bahwa tanda-tanda ansietas pada klien berkurang. Intervensi keperawatan psikososial ansietas perlu dikembangkan dan diimplementasikan di ruang perawatan umum.

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Anxiety is a form of psychosocial health problem which is experienced more by those living in urban societies. This paper intends to provide an analysis of urban community health nursing practice related to anxiety issues on a client with vesicolithiasis. The author conducted psychosocial nursing care for a period of six days to a client experiencing moderate anxiety. Vesicolithiasis raised various problems, which in turn, became a cause of the ensuing anxiety issues.

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