

# Analisis praktik klinik keperawatan kesehatan masyarakat perkotaan dengan masalah nyeri kronik pada An. Q dengan Neuroblastoma di RSUP Fatmawati = Analysis of urban health clinical nursing practice in pediatric patient with neuroblastoma and chronic pain in RSUP Fatmawati

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## Abstrak

### [<b>ABSTRAK</b><br>

Neuroblastoma merupakan keganasan pada sistem saraf simpatik yang menimbulkan pembengkakan pada bagian tubuh tertentu. Pola hidup tidak sehat dari segi asupan nutrisi dan lingkungan menjadi penyebab utama munculnya neuroblastoma pada masyarakat perkotaan. Masalah nyeri kronik merupakan komplikasi utama dari hampir semua jenis keganasan, termasuk neuroblastoma. Studi ini bertujuan untuk menganalisis intervensi pemberian teknik distraksi dengan media video dan musik dalam mengurangi nyeri pada penderita neuroblastoma. Teknik distraksi memberikan hasil yang positif berupa penurunan skala nyeri klien. Hasil karya ilmiah ini diharapkan dapat menjadi salah satu pertimbangan bagi perawat ruangan untuk meningkatkan pemberian manajemen nyeri nonfarmakologis, terutama teknik distraksi, sebagai salah satu intervensi yang telah terbukti efektif dalam menurunkan nyeri.

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Neuroblastoma defined as a neoplasm of sympathetic nervous system which causes swelling in related part of body. Unhealthy lifestyles such as nutritional and environmental factors are two main causes of neuroblastoma in urban population. Chronic pain is a major complication of any kind of cancers, including neuroblastoma. This study aimed to analyze the distraction technique as given intervention to reduce the pain scale in patients with neuroblastoma. The implementation of distraction technique showed positive result in decreasing patient's pain scale. The result can be considered as an alternative nursing intervention to increase the usage of non pharmacological management of pain, mainly distraction technique, as an effective intervention to decrease pain scale.;Neuroblastoma defined as a neoplasm of sympathetic nervous system which causes swelling in related part of body. Unhealthy lifestyles such as nutritional and environmental factors are two main causes of neuroblastoma in urban population. Chronic pain is a major complication of any kind of cancers, including neuroblastoma. This study aimed to analyze the distraction technique as given intervention to reduce the pain scale in patients with neuroblastoma. The implementation of distraction technique showed positive result in decreasing patient's pain scale. The result can be considered as an alternative nursing intervention to increase the usage of non pharmacological management of pain, mainly distraction technique, as an effective intervention to decrease pain scale., Neuroblastoma defined as a neoplasm of sympathetic nervous system which causes swelling in related part of body. Unhealthy lifestyles such as nutritional and environmental factors are two main causes of neuroblastoma in urban population. Chronic pain is a major complication of any kind of cancers,

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