

# Analisis praktik keperawatan kesehatan masyarakat perkotaan harga diri rendah situasional pada klien dengan osteoartritis di RS Dr H Marzoeki Mahdi Bogor = Analyzis of situational low self esteem urban health nursing practice on osteoarthritis patient in Dr H Marzoeki Mahdi Hospital Bogor

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## Abstrak

[<b>ABSTRAK</b><br>

Masyarakat perkotaan menghadapi berbagai masalah kesehatan baik fisik maupun psikososial. Salah satu masalah psikososial yang sering muncul adalah harga diri rendah situasional. HDR situasional dapat disebabkan oleh masalah kesehatan fisik, misalnya osteoartritis. Osteoartritis menyebabkan keterbatasan gerak pada penderitanya, sehingga dapat mempengaruhi performa peran dalam kehidupan sehari-hari. Perubahan performa peran tersebut dapat menimbulkan rasa tidak berharga yang disebut harga diri rendah. Tujuan dari penulisan KIAN ini adalah memaparkan asuhan keperawatan harga diri rendah situasional pada klien yang mengalami osteoartritis. Tindakan yang dilakukan adalah memotivasi klien berpikir positif dan latihan kemampuan positif. Hasil evaluasi menunjukkan bahwa berpikir positif dan latihan kemampuan positif dapat meningkatkan motivasi klien untuk kembali berkarya. Kata kunci: berpikir harga diri rendah situasional, kemampuan osteoartritis perkotaan, positif;

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Urban communities are facing various health problems both physical and psychosocial. One of the psychosocial issues that often arise is situational low self esteem. HDR situasional can be caused by physical health problems such as osteoarthritis. Osteoarthritis causes the sufferer limited motion so it can affect the role performance in daily life. Changes in the performance of these roles can cause a feeling of worthlessness which called low self esteem. The purpose of this paper was to describe the nursing care of situational low self esteem in clients who have osteoarthritis. The action taken was to motivate client to think positively and do the positive ability. The results showed that positive thinking and exercise capabilities can positively improve client motivation to return to work. Key words: ability osteoarthritis positive situational low self esteem, thinks urban; Urban communities are facing various health problems both physical and psychosocial. One of the psychosocial issues that often arise is situational low self esteem. HDR situasional can be caused by physical health problems such as osteoarthritis. Osteoarthritis causes the sufferer limited motion so it can affect the role performance in daily life. Changes in the performance of these roles can cause a feeling of worthlessness which called low self esteem. The purpose of this paper was to describe the nursing care of situational low self esteem in clients who have osteoarthritis. The action taken was to motivate client to think positively and do the positive ability. The results showed that positive thinking and exercise capabilities can positively improve client motivation to return to work. Key words: ability osteoarthritis positive situational low self esteem, thinks urban; Urban communities are facing various health problems both physical and psychosocial. One of the psychosocial issues that often arise is situational low self esteem. HDR situasional can be caused by physical health problems such as osteoarthritis. Osteoarthritis causes the sufferer limited

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