

# Analisa praktik klinik keperawatan kesehatan masyarakat perkotaan pada klien dengan kanker rektum di ruang bedah lantai 4 utara RSUP Fatmawati = Analysis of Professional Practice of Urban Public Health Nursing in client with rectum cancer post Colostomy In Surgery Ward 4th Floor At Fatmawati Hospital Jakarta

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## Abstrak

### [<b>ABSTRAK</b>]

Perubahan gaya hidup masyarakat perkotaan dapat memacu meningkatnya penyakit degeneratif salah satunya kanker kolorektal. Perubahan gaya hidup seperti diet, aktifitas, merokok, minum alkohol, stress merupakan faktor risiko terjadinya kanker kolorektal. Salah satu pengobatan kanker kolorektal adalah pembuatan stoma. Stoma merupakan merupakan masalah serius yang mempengaruhi kualitas hidup pada pasien kanker. Salah satu jenis stoma yaitu kolostomi. Penulisan ini bertujuan untuk mengidentifikasi persiapan perioperatif pada klien yang akan dilakukan operasi kolostomi. Konseling pre operasi amat sangat penting diberikan kepada pasien yang akan menjalani tindakan pembedahan kolostomi. Konseling ini diberikan oleh perawat spesialis stoma atau Enterostomal therapy nurse (ET Nurse). Informasi yang jelas dan penjelasan mengenai stoma, perubahan gaya hidup akan memberikan keuntungan pada proses penyembuhan.;<hr>

### <i><b>ABSTRACT</b></i>

Change of lifestyle among urban community can increase the risk of degenerative diseases, such as a colorectal cancer. Lifestyle changes in diet, activity, smoking, alcohol consumption and stress are few among risk factors of colorectal cancer. One treatment of colorectal cancer is stoma. Stoma is a serious issue that affects the quality of life in cancer patients. One type of stoma is a colostomy. This research aims to identify perioperative preparation for client who will undergo colostomy surgery. Preoperative counseling is extremely important for patients who will undergo colostomy surgery. Counseling was provided by specialist nurses or Enterostomal stoma therapy nurse (ET Nurse). Clear information and an explanation regarding the stoma and lifestyle improvement will benefit the healing process.</i>;Change of lifestyle among urban community can increase the risk of degenerative diseases, such as a colorectal cancer. Lifestyle changes in diet, activity, smoking, alcohol consumption and stress are few among risk factors of colorectal cancer. One treatment of colorectal cancer is stoma. Stoma is a serious issue that affects the quality of life in cancer patients. One type of stoma is a colostomy. This research aims to identify perioperative preparation for client who will undergo colostomy surgery. Preoperative counseling is extremely important for patients

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