

Analisis praktik residensi keperawatan medikal bedah pada pasien gangguan sistem kardiovaskular dengan pendekatan teori Virginia Henderson di Rumah Sakit Jantung dan Pembuluh Darah Harapan Kita = Analysis of medical surgical nursing clinical practice of residency on patients with cardiovascular disorder using 14 basic human needs Virginia Henderson model approach in Cardiovascular Center Harapan Kita

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Abstrak

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Prevalensi pasien dengan gangguan sistem kardiovaskular semakin meningkat. Perawat diharapkan memiliki kontribusi dalam penanganan pasien dengan gangguan sistem kardiovaskular dengan menjalankan peran sebagai pemberi asuhan, pendidik, peneliti dan inovator. Praktik residensi spesialis keperawatan medical bedah yang telah dilaksanakan selama 1 tahun (2 semester) bertujuan untuk melakukan penerapan dan pendalaman pada peran-peran tersebut dengan pendekatan model 14 pemenuhan kebutuhan dasar manusia Virginia Henderson. Peran sebagai pemberi asuhan diterapkan pada 30 pasien dengan berbagai gangguan kardiovaskular dan satu pasien kasus kelolaan utama dengan NSTEMI. Peran sebagai pendidik dijalankan dengan pembimbingan perawat sejawat dan mahasiswa keperawatan. Peran sebagai peneliti dijalankan dengan menerapkan tindakan keperawatan berbasis pembuktian ilmiah (evidence-based nursing) yaitu tindakan dukungan sosial keluarga dan intimasi untuk menurun tingkat persepsi nyeri pada pasien infark miokard. Peran sebagai inovator dijalankan dengan menerapkan pengembangan media edukasi pada pasien dengan alat kesehatan yang dipasang dalam tubuh. Hasil analisis praktik menunjukkan bahwa 14 KDM Henderson efektif digunakan sebagai pendekatan dalam asuhan keperawatan pada pasien dengan gangguan sistem kardiovaskular. Penerapan tindakan dukungan keluarga dan intimasi efektif dalam penurunan tingkat persepsi nyeri pasien infark miokard. Media edukasi berupa leaflet dapat meningkatkan pemahaman pasien dengan alat medis yang terpasang dalam tubuhnya.

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ABSTRACT

The prevalence of patients with cardiovascular disorders is increasing. Nurses are expected to contribute on management of patients with cardiovascular disorders by running their roles as a care giver, educator, researcher and innovator. Residency clinical practice of medical-surgical nursing specialist had been carried out for 1 year (2 semesters) and aimed to implement and explore these roles with 14 Basic Human Needs Virginia Henderson Model approach. The role as a care giver was applied to 30 patient with various cardiovascular disorders and a patient with NSTEMI as the primary case. The role as an educator was performed by educating patients, nurses, and nursing students. The role as a researcher was carried out by applying the evidence-based nursing, Family Social Support and Intimacy to Pain Perception on Patient with Acute Miocard Infarc. The role as an innovator was executed by applying the development of educational media in patients with medical devices implantated in the body. The analysis showed that the 14 basic human needs can be applied effectively in nursing care for patient with cardiovascular diseases. Social

support and intimacy as effective to decrease pain perception on patient with myocardial infarction. In addition Media education in the form of leaflets can improve understanding of a patient with a medical instrument implantated in his body., The prevalence of patients with cardiovascular disorders is increasing. Nurses are expected to contribute on management of patients with cardiovascular disorders by running their roles as a care giver, educator, researcher and innovator. Residency clinical practice of medical-surgical nursing specialist had been carried out for 1 year (2 semesters) and aimed to implement and explore these roles with 14 Basic Human Needs Virginia Henderson Model approach. The role as a care giver was applied to 30 patient with various cardiovascular disorders and a patient with NSTEMI as the primary case. The role as an educator was performed by educating patients, nurses, and nursing students. The role as a researcher was carried out by applying the evidence-based nursing, Family Social Support and Intimacy to Pain Perception on Patient with Acute Miocard Infarc. The role as an innovator was executed by applying the development of educational media in patients with medical devices implantated in the body. The analysis showed that the 14 basic human needs can be applied effectively in nursing care for patient with cardiovascular diseases. Social support and intimacy as effective to decrease pain perception on patient with myocardial infarction. In addition Media education in the form of leaflets can improve understanding of a patient with a medical instrument implantated in his body.]