

# Gerakan remaja anti rokok sebagai strategi intervensi keperawatan komunitas mencegah risiko penyalahgunaan NAPZA (rokok) pada remaja di SMP Negeri 11 Sukatani, Depok = Youth movement refused smoking as a community nursing intervention strategy to prevent the risk of drug abuse smoking in adolescent in Junior High School 11 Tapos Depok

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## Abstrak

[<b>ABSTRAK</b><br>

Karakteristik perkembangan remaja adalah selalu mencoba sesuatu hal yang baru bersama kelompoknya dan mudah dipengaruhi oleh hal-hal yang negatif, salah satunya adalah perilaku merokok. Perawat spesialis komunitas memiliki peran melakukan upaya pencegahan masalah tersebut. Gerakan Remaja Anti Rokok (GERAK) merupakan salah satu strategi intervensi keperawatan komunitas untuk mencegah terjadinya masalah tersebut. Penulisan karya ilmiah ini bertujuan memberikan gambaran pelaksanaan GERAK dalam asuhan keperawatan komunitas, melalui integrasi Teori Manajemen, HBM, TTM, HPM dan CSHM pada remaja di SMPN S Kota Depok. Metode yang digunakan adalah dengan menghitung sampel kemudian pengambilan data dengan kuisioner dan kemudian di analisis. Hasil intervensi menunjukkan peningkatan signifikan p-value (0,000), peningkatan pengetahuan siswa (0,02%), sikap (0,01%) dan tindakan (0,11%). Strategi intervensi GERAK dapat diaplikasikan untuk melakukan upaya pencegahan risiko penyalahgunaan perilaku merokok pada remaja di sekolah.

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<b>ABSTRACT</b><br>

The Characteristics of adolescent development is always trying new things with his group and easily influenced by negative things, one of which is smoking behavior. Specialist community nurses have a role to do prevention efforts such problems. Youth movement refused smoking (GERAK) is one of a community nursing intervention strategy to prevent the occurrence of such problems. The aim of this paper was to provide the description of implementation of (GERAK) in community nursing care, through the integration of Theory of Management, HBM, TTM, HPM, and CSHM, on teenagers in Junior High School S Depok City. The method used was to calculate the sample then taking of data by questionnaire and then analyzed. The result of intervention showed a significant improvement (p-value = 0,000), increased of the students knowledge (0,02%), attitudes (0,01%) and the action (0,11%). GERAK intervention strategies can be applied as a prevention of abuse smoking behavior in adolescents at schools.;The Characteristics of adolescent development is always trying new things with his group and easily influenced by negative things, one of which is smoking behavior. Specialist community nurses have a role to do prevention efforts such problems. Youth movement refused smoking (GERAK) is one of a community nursing intervention strategy to prevent the occurrence of such problems. The aim of this paper was to provide the description of implementation of (GERAK) in community nursing care, through the integration of Theory of Management, HBM, TTM, HPM, and CSHM, on teenagers in Junior High School S Depok City. The method used was to calculate the sample then taking of data by questionnaire and then analyzed. The result of intervention

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