

Pemberdayaan perawat, kader, keluarga, dan lansia melalui model Mandiri Bersama Stroke (MABES) untuk meningkatkan perilaku merawat dan kemandirian lansia di Kelurahan Sukatani Kecamatan Tapos Depok = Empowerment nurse, sosial health worker, family, and elderly of through self model Independently Living with Stroke as a community health nursing intervention for increasing independence of the elderly in Sukatani Tapos Depok Subdistrict

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Abstrak

[ABSTRAK

Lansia paska stroke merupakan kelompok rentan (vulnerable population) karena memiliki masalah kesehatan yang terus meningkat, sulit mengakses pelayanan kesehatan, penghasilan menurun atau harapan hidup lebih singkat akibat kondisi kesehatan, memiliki penyakit kronik dan adanya ketidakmampuan dalam beraktifitas. Penulisan bertujuan memberikan gambaran pelaksanaan model intervensi? MABES? (Mandiri Bersama Stroke) dalam manajemen pelayanan dan asuhan keperawatan pada agregat lansia untuk meningkatkan kemandirian melalui integrasi teori dan model Community as Partner, Family Center Nursing, Konsekuesi dan teori self care serta integrasi CDM model dengan paskastroke di Kelurahan Sukatani. Hasil dari penerapan pelaksanaan model intervensi MABES secara mandiri oleh keluarga dengan kader sebagai pendukung dengan menggunakan buku pedoman dan kartu evaluasi diri mendapatkan hasil yang baik, dimana terjadi peningkatan rerata tingkat kemandirian lansia paskastroke dengan rerata nilai bartel pada bulan pertama 62,581, pada bulan kedua 60,806 dan pada bulan ketiga sebesar 74,032. Hasil uji statistik mendapat nilai <0,05 yang berarti ada perbedaan yang signifikan nilai bartel indeks dari pengukuran bulan pertama hingga bulan ketiga.

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ABSTRACT

Elderly post-stroke are vulnerable groups (vulnerable population) because they have health problems that continue to increase, they difficult to access health services to care the health problems, declining income or a shorter life expectancy due to health conditions, has a chronic disease and their inability in the activity. This application aims to provide an overview the implementation of the intervention model of 'MABES' in service management and nursing care to the elderly aggregate to increase independence through the integration of theory and models Community as Partner, Family Center Nursing, concquencys theory and the theory of self-care and also the integration of CDM models with post-stroke in Sukatani, Results of the application execution model of intervention MABES independently by a family with a health working of supporters by using the guidebook and self-evaluation card to get good results, where an increase in the average level of independence of elderly post-stroke with a mean value of 62.581 Bartel in the first month, in the second month 60.806 and in third at 74.032. Statist ical test results received value <0.05, which means there are significant differences bartel index value of the measurement of the first month until the third month. , Elderly post-stroke are vulnerable groups (vulnerable population) because they have health problems that continue to increase, they difficult to access health services to care the health problems,

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