

Analisis penerapan teori Model Adaptasi Roy dengan pasien gangguan sistem endokrin : Diabetes Melitus pada praktik keperawatan medikal bedah di Rumah Sakit Cipto Mangunkusumo Jakarta = Application analysis theory Roy Adaptation Model with patients openness endocrine disorders : Diabetes Mellitus in medical surgical nursing practice in Cipto Mangunkusumo Hospital

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Abstrak

[ABSTRAK

Gangguan pada sistem endokrin merupakan masalah kesehatan yang cukup tinggi di Indonesia, khususnya Diabetes Melitus (DM) tipe 2 dengan prevalensinya mencapai 2,1% dari total penduduk, dengan 60% dari total prevalensi adalah kasus neuropati. Kadar glukosa darah yang tidak terkontrol menyebabkan tingginya kejadian komplikasi DM baik akut maupun kronis. Pencegahan komplikasi tersebut memerlukan penanganan yang tepat dari berbagai multidisiplin ilmu, salahsatunya adalah peran perawat ners spesialis medikal bedah kekhususan endokrin sebagai praktisi keperawaan untuk ikut memberikan asuhan melalui berbagai pendekatan teori keperawatan seperti penerapan model adaptasi Roy secara holistik menggunakan pengkajian perilaku dan stimulus sehingga tercapai perilaku adaptif. Selain itu penerapan praktek keperawatan berbasis pembuktian ilmiah (evidence based nursing) seperti senam kaki diabetes dapat menjadi acuan intervensi dalam mencegah terjadinya polineuropati dan komplikasi lanjut seperti ulkus diabetik. Sebagai agen pembaharu/inovator, perawat spesialis juga membuat inovasi tentang self health assesment dan booklet sahabat diabetes bagi para diabetesi untuk meningkatkan promosi kesehatan terhadap pengelolaan dan penatalaksanaan DM.

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ABSTRACT

Disorders of the endocrine system is a health problem that is quite high in Indonesia, in particular diabetes mellitus (DM) type 2 prevalence was at 2.1% of the total population, with 60% of the total prevalence of neuropathy cases. Blood glucose levels are poorly controlled diabetes leading to high incidence of complications both acute and chronic. Prevention of these complications requires proper handling of various multidisciplinary, one of them is the role of medical-surgical nurse specialist nurses endocrine specificity as keperawaan practitioners to help provide care through a variety of approaches such as the application of nursing theory holistically Roy adaptation model uses behavioral assessment and stimulus in order to reach adaptive behavior, Besides the application of scientific evidence-based nursing practice (evidence-based nursing) such as diabetic foot gymnastics can be a reference for intervention in preventing the occurrence opolyneuropathy and further complications such as diabetic ulcers. As an agent reformer/innovators, nurse specialist also made innovations on health self-assessment and companion booklet diabetes for diabetics to improve health promotion for the management and treatment of diabetes., Disorders of the endocrine system is a health problem that is quite high in Indonesia, in particular diabetes mellitus (DM) type 2 prevalence was at 2.1% of the total population, with 60% of the total prevalence of neuropathy cases. Blood glucose levels are poorly controlled diabetes leading to high incidence of complications both acute and chronic.

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