

Penerapan terapi kelompok terapeutik kanak-kanak dan psikoedukasi keluarga pada anak dan orangtua terhadap perkembangan otonomi di Kecamatan Bogor Tengah = Application of therapeutic group therapy and family psychoeducation in children and parents toward development of children autonomy in Kecamatan Bogor Tengah

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Abstrak

[ABSTRAK
Upaya kesehatan anak usia kanak-kanak di masyarakat masih berfokus pada fisik, sedangkan stimulasi perkembangan masih minim dilakukan. Tujuan Penulisan Karya Ilmiah Akhir ini ialah mengetahui hasil penerapan Terapi Kelompok Terapeutik dan Psikoedukasi Keluarga terhadap perkembangan otonomi kanak-kanak dan kemampuan orangtua dalam mestimulasi kanak-kanak. Metode yang digunakan adalah studi kasus dengan pemberian dua terapi dengan pendekatan teori Health Promotion dan Model Stress Adaptasi Stuart. Jumlah kanak-kanak yang mendapatkan TKT adalah 20 orang beserta orangtuanya, 15 diantaranya mendapatkan tambahan Terapi Psikoedukasi Keluarga. Hasil dari pelaksanaan Terapi Kelompok Terapeutik yang dilakukan pada 20 kanak-kanak beserta orangtuanya meningkatkan perkembangan otonomi kanak-kanak serta meningkatkan kemampuan orangtua dalam mestimulasi kanak-kanak. Selanjutnya orangtua dari 15 kanak-kanak yang mendapatkan tambahan Terapi Psikoedukasi Keluarga mengalami peningkatan kemampuan mestimulasi kanak-kanak dan perkembangan otonomi kanak-kanak yang lebih tinggi. Rekomendasi, kedua terapi ini sesuai untuk diterapkan pada kanak-kanak dan orangtua sebagai bentuk pelayanan protektif dan promotif bagi anak usia kanak-kanak dan orangtua untuk perkembangan otonomi kanak-kanak.ABSTRACT
The health promotion for children in society still focuses on the physical, while psychosocial stimulation in children still minimize. The purpose of the scientific writing was to report the result of Therapeutic Group Therapy and Family Pshychoeducation toddler autonomy and stimulation ability of parents in toddler stimulation. This case study used Health Promotion Theory and Adaptation Model Stuart. The number of children and parents who received Therapeutic Group Therapy were 20 persons, while 15 of them received Family Pshychoeducation. The result of Therapeutic Group therapy found increased autonomy children development and the ability of parents to stimulate their toddler. Furthermore 15 parents who received Family Pshychoeducation have increased their ability to stimulate their children, and their children autonomy were higher. It was recomended these therapys to be applied to the children and their parents as a part of Health Promotion. ;The health promotion for children in society still focuses on the physical, while psychosocial stimulation in children still minimize. The purpose of the scientific writing was to report the result of Therapeutic Group Therapy and Family Pshychoeducation toddler autonomy and stimulation ability of parents in toddler stimulation. This case study used Health Promotion Theory and Adaptation Model Stuart. The number of children and parents who received Therapeutic Group Therapy were 20 persons, while 15 of them received Family Pshychoeducation. The result of Therapeutic Group therapy found increased autonomy children development and the ability of parents to stimulate their toddler. Furthermore 15 parents who received Family Pshychoeducation have increased their ability to stimulate their children, and their children autonomy were higher. It was recomended these therapys to be applied to the children and their parents as a

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