

Family empowerment dalam manajemen kasus spesialis isolasi sosial dan harga diri rendah menggunakan pendekatan teori Peplau, Henderson, dan King di RW 12 Kelurahan Ciwaringin Kecamatan Bogor Tengah = Family empowerment in specialized case management of social isolated and low self esteem clients using theories of Peplau, Henderson, and King in RW 12 Kelurahan Ciwaringin Kecamatan Bogor Tengah Kota Bogor

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Abstrak

[ABSTRAK
 Gangguan jiwa berat selain berdampak terhadap diri sendiri, juga berdampak pada keluarga. Teridentifikasi berbagai beban keluarga saat merawat klien gangguan jiwa, termasuk beban sosial yaitu stigma. Stress yang dialami keluarga dalam merawat klien gangguan jiwa dalam jangka waktu lama, akan membuat keluarga menggunakan berbagai strategi koping yang sangat bervariasi, baik yang positif maupun negatif. Strategi koping yang digunakan keluarga dalam memberikan perawatan pada klien gangguan jiwa, memberikan dampak bervariasi dalam kesembuhan klien. Tujuan : menjelaskan family empowerment dalam manajemen kasus isolasi sosial dan harga diri rendah dengan pendekatan teori Peplau, Henderson dan King. Analisis dilakukan pada 7 klien dengan Cognitive Therapy (CT), Commitment Therapy (ACT) dan Social Skills Training (SST) sedangkan keluarga dengan Family Psychoeducation (FPE) dan Triangle Therapy. Hasil penerapan family empowerment meningkatkan peran serta keluarga dalam meningkatkan kemampuan klien dalam mengembangkan harga diri dan ketrampilan sosial, lebih mandiri dan produktif.ABSTRACT Severe mental disorder not only affecting the individual client but also the family. Different family burden have been identified during providing nursing care to the mentally problem clients, including social burden which is called stigma. The family under stressful situation when taking care of the client for a long period of time required coping strategies either positive or negative. Coping strategies used by the family in caring for the client with mental problem would affect the different stage of clients' recovery. The purpose of this scientific paper was to describe the family empowerment in case management of social isolated and low self-esteem clients using the theories of Peplau, Henderson and King as an approach. Analysis of Cognitive Therapy (CT), Commitment Therapy (ACT) and Social Skills Training (SST) applied to 7 individual clients and Family Psycho Education (FPE) and Triangle Therapy were conducted to the clients' family. The result of family empowerment showed the improvement of family participation and client's ability in boosting self-esteem and social skill, to become more independent and productive. ;Severe mental disorder not only affecting the individual client but also the family. Different family burden have been identified during providing nursing care to the mentally problem clients, including social burden which is called stigma. The family under stressful situation when taking care of the client for a long period of time required coping strategies either positive or negative. Coping strategies used by the family in caring for the client with mental problem would affect the different stage of clients' recovery. The purpose of this scientific paper was to describe the family empowerment in case management of social isolated and low self-esteem clients using the theories of Peplau, Henderson and King as an approach. Analysis of Cognitive Therapy (CT), Commitment Therapy (ACT) and Social Skills

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