

Penerapan Model Konservasi Myra E. Levine pada klien anak dengan kanker yang mengalami gangguan pola tidur di Ruang Rawat Non Infeksi RSUPN Dr. Cipto mangunkusumo Jakarta = Application of Levine's Conservation Model on nursing care of children with cancer experiencing sleep patterns in Dr. Cipto Mangunkusumo Hospital Jakarta

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Abstrak

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Anak dan remaja yang menderita kanker sering mengalami gangguan tidur yang dapat menyebabkan penurunan daya tahan tubuh dan mempengaruhi kualitas hidup. Tujuan penulisan karya ilmiah akhir ini untuk memberikan gambaran penerapan Model Konservasi Levine dalam asuhan keperawatan pada anak dengan kanker yang mengalami gangguan tidur serta pencapaian kompetensi sebagai pemberi asuhan, advocator, conselor, educator, colaborator serta inovator selama praktik residensi. Terdapat lima kasus kelolaan yang menjadi pembahasan dalam karya ilmiah ini dan teridentifikasi masalah tidur yaitu gangguan pola tidur dan gangguan kurang tidur. Intervensi keperawatan yang diberikan didasarkan pada prinsip-prinsip konservasi, yaitu konservasi energi, integritas struktural, integritas personal dan integritas sosial. Hasil evaluasi berdasarkan respon organismik menunjukkan ada masalah yang teratasi, teratasi sebagian dan menunjukkan perbaikan serta belum teratasi. Residen merekomendasikan penerapan Model Konservasi Levine dalam asuhan keperawatan pada anak dengan kanker yang mengalami masalah gangguan tidur dengan intervensi sleep hygiene dan terapi komplementer pemberian madu sebelum anak tidur untuk mencapai hasil asuhan yang optimal.

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ABSTRACT

Children and adolescents with cancer often experience sleep disorders that can lead to a decrease in the immune system and affect the quality of life. The purpose of this report is provide an overview Levine's Conservation Model application on nursing care of children with cancer experiencing sleep patterns and of the competencies such as a caregiver, advocator, counselor, educator, collaborator, and inovator during practice. There are five cases which being discussed on this scientific work and from five selected cases founded sleep disorders such as sleep patterns and sleep disturbances. Nursing intervention based on conservation principles such as energy conservation, structural integrity, personal integrity and social integrity. Moreover, evaluation of the intervention based on organismic responses indicate that some problem were resolved, partially resolved with some improvement or unresolved. Resident recommended the applicaton Levine's Conservation Model on nursing care of children with cancer experiencing sleep disorders with the intervention of sleep hygiene and the provision of complementary therapies giving honey before children's sleep to achieve optimal results. , Children and adolescents with cancer often experience sleep disorders that can lead to a decrease in the immune system and affect the quality of life. The purpose of this report is provide an overview Levine's Conservation Model application on nursing care of children with cancer experiencing sleep patterns and of the competencies such as a caregiver, advocator, counselor,

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