

Pengontrolan glikemik pada individu diabetes melitus tipe 2 dengan hemodialisis kronik melalui pendekatan orem s self care model = Glycemic control in type 2 diabetes mellitus and chronic hemodialysis patients with orem s self care model approach

Hamidah, author

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Abstrak

[ABSTRAK

Diabetic Kidney Disease DKD pada Diabetes Melitus Tipe 2 DMT2 merupakan komplikasi kronik yang dapat dicegah dan ditunda progresifitasnya dengan pengontrolan glikemik yang baik dan penatalaksanaan yang tepat dari komorbid lainnya Pengontrolan glikemik menjadi tanggung jawab bersama antara multidisiplin profesi kesehatan di ruang rawat dokter perawat dietisien farmasis dengan pasien serta keluarga Model Self care Orem sangat sesuai untuk diaplikasikan dan dikembangkan di ruangan pada asuhan keperawatan pasien dengan penyakit kronik Pasien dapat bersinergi secara aktif sesuai kemampuannya dalam mencapai tujuan dari setiap intervensi keperawatan Disamping itu pendekatan model self care Orem sesuai untuk mempersiapkan pasien dalam meningkatkan kemampuan self care untuk pasca rawat Pelaksanaan praktek berbasis pembuktian pengukuran suhu kaki dengan termometer infrared dapat menjadi perangkat tambahan untuk menilai adanya gejala inflamasi lokal sehingga upaya deteksi dini menjadi lebih komprehensif Pelaksanaan kegiatan inovasi pemantauan dan pemeriksaan kesehatan mandiri pada pasien DM dapat meningkatkan upaya promosi kesehatan pada pasien DM

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ABSTRACT

Diabetic Kidney Disease DKD in Type 2 Diabetes Mellitus T2DM is a chronic complication that can be prevented and delayed its progresivity with a good glyceimic control and appropriate treatments Glyceimic control is a shared responsibility between the multidisciplinary health professions in the ward doctors nurses dietisien pharmacists and patients and families Orem rsquo s Self care model is appropriate to be applied and developed in the acute care of patients with chronic diseases Patients can actively work together within its capabilities in achieving the objectives of each nursing intervention Besides Orem rsquo s self care model approach appropriate to prepare the patient to improve the ability of self care for post hospitalization Implementation of evidence based practice the measurement of foot temperature with an infrared thermometer may be enhancements to assess the presence of local inflammatory symptoms so that early detection efforts become more comprehensive Implementation of innovation activity monitoring and self health assesment can improve health promotion efforts in diabetic patients ;Diabetic Kidney Disease DKD in Type 2 Diabetes Mellitus T2DM is a chronic complication that can be prevented and delayed its progresivity with a good glyceimic control and appropriate treatments Glyceimic control is a shared responsibility between the multidisciplinary health professions in the ward doctors nurses dietisien pharmacists and patients and families Orem rsquo s Self care model is appropriate to be applied and developed in the acute care of patients with chronic diseases Patients can actively work together within its capabilities in achieving the objectives of each nursing intervention Besides Orem rsquo s self care model approach appropriate to prepare the patient to improve the ability of self care for post hospitalization

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