

Flavonoids and related compounds : bioavailability and function / edited by Jeremy P.E. Spencer, Alan Crozier

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20418316&lokasi=lokal>

Abstrak

In this book the authors describe the bioavailability and basic biological mechanisms of action of dietary flavonoids and polyphenols, and explore their beneficial effects on human health and cognition