

## The vitamins: fundamental aspects in nutrition and health

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20419513&lokasi=lokal>

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### Abstrak

#### Summary:

Provides the coverage of the biochemistry and physiology of vitamins and vitamin - like substances. This book contains a cohesive and well-organized presentation of each of the vitamins, as well as the history of their discoveries and information about their roles in nutrition and health