

Role of proton pump inhibitor in the management of acid-related disorders

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Abstrak

Proton pump inhibitor (PPI) is the strongest inhibitor to gastric acid secretion. PPI is effective in all gastric acid disorders, such as: peptic ulcer, gastroesophageal reflux disease, non steroid anti inflammatory drugs (NSAIDs) gastropathy, and Zollinger-Ellison syndrome. Several studies comparing one PPI to another. Although some differences have been reported, there are small differences with unclear clinical importance. PPI has side effects that may be related to diarrhea due to Clostridium difficile, pneumonia, hip fracture, vitamin B12 deficiency, and IgE mediated allergic reaction. Several studies revealed strong association but have limitation in design and sample size. PPI therapy should be according to indication, dose, and appropriate period.