

## Health promotion throughout the life span

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### Abstrak

With the advent of health care reform and an emphasis on reducing health care costs, health promotion and disease prevention is a priority in nursing care. Be prepared with this book, your comprehensive guide to major health promotion concepts. Featuring practical guidance, including boxes on diversity awareness, evidence-based practice, innovative practice, hot topics, and quality and safety as well as case studies and care plans, our experienced contributors give you all the tools you need to stay current on the latest research and trends in health promotion.