

# Efek moderasi objective self awareness pada pengaruh ego depletion terhadap perilaku prososial = The moderation effect of objective self awareness on the influence of ego depletion towards prosocial behavior

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## Abstrak

Penelitian ini bertujuan untuk menganalisis pengaruh ego depletion terhadap perilaku prososial. Perilaku prososial diukur melalui jumlah donasi yang diberikan oleh para partisipan untuk kegiatan sosial. Sebanyak 80 mahasiswa Fakultas Psikologi Universitas Indonesia berpartisipasi dalam penelitian ini. Partisipan dibagi ke dalam dua kelompok variasi ego depletion, yaitu partisipan yang mengalami manipulasi ego depletion (full depletion) dan partisipan yang tidak mengalami manipulasi ego depletion (non-depletion). Dalam penelitian ini juga dilihat efek moderasi objective self-awareness pada pengaruh ego depletion terhadap perilaku prososial. Hasil penelitian menunjukkan tidak adanya perbedaan jumlah donasi yang diberikan antara partisipan pada kondisi full depletion dan partisipan pada kondisi non-depletion. Selain itu, hasil penelitian menunjukkan bahwa objective self-awareness tidak memoderasi pengaruh ego depletion pada perilaku prososial.

.....This study aims to analyze the effect of ego depletion on the prosocial behavior. Prosocial behavior measured by the amount of donation that participant gave to the social charity. Variations of ego depletion are divided into full depletion condition and non-depletion condition. There are 80 students of Faculty of Psychology Universitas Indonesia that participated in this study. Participants are divided into two groups of ego depletion variations, which participants who experienced the manipulation of ego depletion (full depletion) and participants who didn't experienced the manipulation (non-depletion). This study also examines the moderation effect of objective self-awareness on the influence of ego depletion on prosocial behavior. The result showed that there is no significant difference in amount of donation between participants in full depletion condition and participants in non-depletion condition. Also, the result of the study showed that objective self-awareness do not moderate the effect of ego depletion on prosocial behavior.