

## Karakteristik klien dengan gangguan kesehatan jiwa di badan konseling mahasiswa Universitas Indonesia Tahun 2013-2014 = Characteristic client with mental disorder at badan konseling mahasiswa Universitas Indonesia 2013-2014

Dinar Ayu Saraswati, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20421599&lokasi=lokal>

---

### Abstrak

#### [<b>ABSTRAK</b><br>

Kesehatan jiwa merupakan salah satu komponen yang menentukan kualitas sumber daya manusia. Mahasiswa adalah salah satu sumber daya manusia yang rentan mengalami gangguan kesehatan jiwa. Penelitian ini bertujuan untuk mengetahui persentase dan proporsi dari faktor sosiodemografi, faktor biologis, dan faktor sosiokultural pada klien mahasiswa Badan Konseling Mahasiswa Universitas Indonesia. Penelitian ini menggunakan desain studi Case-series. Sampel penelitian ini adalah seluruh klien mahasiswa BKM UI yang melakukan konseling di tahun 2013-2014 dan didiagnosis mengalami gangguan kesehatan jiwa dan memiliki catatan konseling lengkap. Hasil penelitian ini menunjukkan, selama tahun 2013-2014, sebanyak 449 klien mengalami gangguan kesehatan jiwa, 49,4% klien berasal dari fakultas yang mempelajari ilmu pengetahuan sosial, 113 klien merupakan mahasiswa tahun akademik 2010, dan 90,87% dilatarbelakangi oleh faktor sosiokultural.

#### <b>ABSTRACT</b><br>

Mental health is one of components that determine the quality of human resources. University or college student is one of human resources that susceptible with mental illness or disorder. This study aims to know the percentage and proportion of client Badan Konseling Mahasiswa Universitas Indonesia with mental disorder in three aspects : sociodemography, biologic and sociocultural factors. This study is a case-series study and sample in this study was all student who came to BKM UI within 2013-2014 and have complete variable data research. The result showed that within 2013 and 2014, there was 449 clients with mental disorder at BKM UI, 49,4% clients are from social studies, 25,2% clients are students academic year 2010, and 90,87% cases are affected by sociocultural factors., Mental health is one of components that determine the quality of human resources. University or college student is one of human resources that susceptible with mental illness or disorder. This study aims to know the percentage and proportion of client Badan Konseling Mahasiswa Universitas Indonesia with mental disorder in three aspects : sociodemography, biologic and sociocultural factors. This study is a case-series study and sample in this study was all student who came to BKM UI within 2013-2014 and have complete variable data research. The result showed that within 2013 and 2014, there was 449 clients with mental disorder at BKM UI, 49,4% clients are from social studies, 25,2% clients are students academic year 2010, and 90,87% cases are affected by sociocultural factors.]