

Pengalaman psikologis pria berpoligami studi tentang psychological and spiritual well being = Psychological experience of polygamous man case study of psychological and spiritual well being

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Abstrak

[ABSTRAK

Pernikahan poligami merupakan salah satu fenomena yang berkembang di masyarakat. Berbagai penelitian terkait masalah ini mengkaji banyak aspek diantaranya dilihat secara hukum dan sosial. Penelitian ini meneliti pengalaman psikologis pria yang menjalani poligami, terutama dalam hal psychological wellbeing dan spiritual well-being. Penelitian ini melibatkan lima orang pria berpoligami sebagai subjeknya. Alat pengumpul data yang digunakan dalam penelitian ini adalah wawancara mendalam dan observasi. Hasil penelitian ini menunjukkan bahwa pria berpoligami cenderung memiliki psychological well-being yang tidak utuh. Sedangkan dalam hal spiritual well-being, pria berpoligami di dalam penelitian ini cenderung cukup baik, terutama pada domain transendensi.

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ABSTRACT

Polygamous marriage is one of the growing phenomenons happening in society. Various studies related to this issue have been examining many aspects seen both legally and socially. This study examines men?s psychological experienceundergoing polygamy, particularly in terms of psychological well-being and spiritual well-being. This study involves five polygamous men as the subject. The data collection of this study is gained from in-depth interview and observation. The result of this study reveals that the men undergoing polygamy tend to have psychological well-being that is not intact. Whereas polygamous men, in case of spiritual well-being, in this study tend to be quite good, especially in the transcendence domain.;Polygamous marriage is one of the growing phenomenons happening in society.

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