

# Efektivitas program intervensi berupa penetapan tujuan yang membentuk utility value untuk meningkatkan motivasi belajar pada siswa underachiever = The effectiveness of goal setting intervention program that develop utility value to enhance learning motivation of underachiever student

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## Abstrak

[<b>ABSTRAK</b><br>

Penelitian ini hendak melihat efektivitas penetapan tujuan dalam meningkatkan utility value dan motivasi belajar pada siswa underachiever. Penelitian ini merupakan single-subject study. Di dalam program intervensi subjek diajarkan untuk merumuskan tujuan karir dan tujuan akademik serta melihat kaitan antara tujuan dengan aktivitas akademiknya. Hasil penelitian ini menunjukkan bahwa program intervensi berupa penetapan tujuan secara efektif dapat meningkatkan utility value pada siswa underachiever. Adanya tujuan yang jelas dapat membantu subjek meningkatkan prestasinya, yaitu terlihat dari adanya peningkatan skor dalam tugas menceritakan kembali isi bacaan.

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<b>ABSTRACT</b><b>

This study aim to test the effectiveness of goal-setting intervention program in enhancing utility value and learning motivation of underachiever student. This is a single-subject study. In the program, subject has been taught to formulate his career and academic goals and to explain the connection between his goals and academic activities. The results showed that goal-setting intervention program effectively enhanced utility value of underachiever student. Clear and structured goals has been proven to help student improved his achievement, as seen on the increasing score in the task of retelling a story., This study aim to test the effectiveness of goal-setting intervention program in enhancing utility value and learning motivation of underachiever student. This is a single-subject study. In the program, subject has been taught to formulate his career and academic goals and to explain the connection between his goals and academic activities. The results showed that goal-setting intervention program effectively enhanced utility value of underachiever student. Clear and structured goals has been proven to help student improved his achievement, as seen on the increasing score in the task of retelling a story.]