

Manajemen kecemasan dan ketidakpastian pada pasangan yang menikah melalui taaruf = Anxiety and uncertainty management in the married couple through taaruf

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Abstrak

[ABSTRAK

Penelitian ini bertujuan untuk mengetahui gambaran kecemasan, ketidakpastian dan pengelolaan kecemasan dan ketidakpastian tersebut pada pasangan yang menikah melalui ta'aruf. Peneliti menggunakan teori Manajemen Kecemasan dan Ketidakpastian (Anxiety and Uncertainty Management ? AUM) yang dikemukakan oleh Gudykunst. Penelitian ini merupakan penelitian kualitatif dengan paradigma konstruktivisme. Informan dalam penelitian ini sejumlah tiga pasangan suami istri yang diperoleh menggunakan teknik purposeful sampling. Hasil penelitian menunjukkan bahwa pengalaman kecemasan dan ketidakpastian pada pasangan yang menikah melalui ta'aruf karena belum saling mengenal sebelumnya dan terbentuknya kategorisasi terhadap calon pasangan. Manajemen kecemasan dan ketidakpastian yang dilakukan oleh informan dalam penelitian ini adalah dengan mencari informasi sehingga terbentuk kategorisasi baru terhadap calon pasangan.

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ABSTRACT

This study aims to describe anxiety and uncertainty management on the married couple through ta'aruf. Researchers used the theory of Anxiety and Uncertainty Management (AUM) by Gudykunst. This study is a qualitative research with constructivism paradigm. Informants in this study a number of three couples who obtained using purposeful sampling technique.

The results showed that experiences anxiety and uncertainty on the married couple through ta'aruf because they have not known each other previously and the formation of the categorization about potential partner. Anxiety and uncertainty management by informants in this research is to find information and then formed a new categorization of the potential partner., This study aims to describe anxiety and uncertainty management on the

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