

Program pelatihan pada ibu untuk meningkatkan pengetahuan tentang komunikasi efektif dengan anak prasekolah = Mother training program to enhance knowledge of effective communication with pre school age children

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Abstrak

[ABSTRAK

Komunikasi efektif antara orangtua dan anak perlu dimulai sedini mungkin. Selama ini strategi komunikasi yang digunakan ibu dengan anaknya belum efektif, hal ini disebabkan karena keterbatasan pengetahuan tentang bagaimana berkomunikasi efektif dengan anak. Penelitian ini bertujuan untuk mengetahui apakah pelatihan dapat meningkatkan pengetahuan ibu tentang komunikasi efektif dengan anak prasekolah. Penelitian ini menggunakan desain before-and-after (one group before and after design). Kegiatan dilakukan terhadap sembilan ibu di wilayah Serpong Utara, Tangerang Selatan selama tiga hari. Alat ukur yang digunakan adalah kuesioner yang terdiri atas pertanyaan terbuka untuk mengukur pengetahuan ibu tentang komunikasi efektif dengan anak prasekolah. Hasil analisis data dengan uji Wilcoxon menunjukkan peningkatan yang signifikan pada pengetahuan ibu tentang komunikasi efektif dengan anak prasekolah ($p < 0,05$).

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ABSTRACT

While children are very young, parents should begin effective communication. However, the strategy of communication used by mother has not been effective and it is because of limited knowledge about how to communicate effectively with children. This study aimed to determine the whether the training can improve mother?s knowledge of effective communication with pre-school age children. Before-and-after (one group before and after design) design were used in this study. Three days-activities was conducted in nine mothers in the region of North Serpong, South Tangerang. Mother knowledge about effective communication were assessed using questionnaire which consist of open questions. The results using Wilcoxon test showed a significant difference in mother?s knowledge of effective communication with pre-school age children ($p < 0.05$).

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