

Pengaruh Psikoedukasi Keluarga Terhadap Ansietas dan depresi keluarga yang mempunyai anak dengan autis di Sekolah Khusus Autis Utama Ananda Depok = The Influence of Cognitive Therapy and Assertive Exercise on Sign and Symptoms and the Ability in Controlling Violence Behavior on Schizophrenia Client / Ellya Qolina

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Abstrak

ABSTRAK

Abstrak Perilaku kekerasan merupakan perilaku melukai orang lain diri sendiri maupun lingkungan baik secara fisik maupun psikologis. Tujuan penelitian untuk mengetahui pengaruh terapi kognitif dan latihan asertif terhadap tanda dan gejala serta kemampuan mengontrol perilaku kekerasan klien Skizofrenia. Desain penelitian "Quasi experiment pre and post test with control group" dengan tindakan terapi kognitif dan latihan asertif. Sampel sebanyak 30 kontrol dan 30 intervensi. Pemberian Terapi generalis dan terapi Kognitif paling banyak menurunkan respons kognitif 40 dan 35 9 meningkatkan kemampuan kognitif. Pemberian terapi generalis dipadukan dengan terapi kognitif dan latihan asertif menurunkan respons perilaku sebanyak 53 3 dan meningkatkan kemampuan perilaku 56 25.

Penelitian ini juga menunjukkan adanya hubungan penurunan tanda dan gejala perilaku kekerasan dengan kemampuan mengontrol perilaku kekerasan klien Skizofrenia $r = 0,39$ Terapi kognitif dan latihan asertif direkomendasikan untuk diterapkan pada klien perilaku kekerasan bersama dengan tindakan keperawatan generalis Kata kunci Perilaku Kekerasan Terapi Kognitif Latihan asertif Skizofrenia.

<hr><i>ABSTRACT

UNIVERSITY OF INDONESIA POSTGRADUATE PROGRAM FACULTY OF NURSING MASTER MENTAL HEALTH NURSING PROGRAM Thesis November 2015 Miswanti The Influence of Cognitive Therapy and Assertive Exercise on Sign and Symptoms and the Ability in Controlling Violence Behavior on Schizophrenia Client Abstract Violence behavior is a physical force intended to hurt or damage someone or something physically or psychologically The purpose of this study is to determine the influence of cognitive therapy and assertive exercise on sign and symptoms and the ability in controlling violence behavior on schizophrenia client This is quasi experiment pre and post test with control group where sixty patients with schizophrenia where 30 patient receive treatment treatment group and another 30 patient did not control group General and cognitive therapy are the most common treatment in decreasing cognitive response 40 and improving cognitive ability 39 The combination of generalist cognitive and assertive exercise therapy decreasing behavior response in 53 3 and improving behavior ability 56 25.

The result shows the correlation between decreasing sign and symptoms of violence behavior and the ability in controlling violence behavior on schizophrenia client $r = 0,39$ This study recommends that cognitive assertive exercise and generalist therapy can be implemented on client with violence behavior Keywords violence behavior cognitive therap assertive exercise schizopherenia.</i>