

## Penerapan teknik olah tubuh olah vokal dan olah rasa dalam pelatihan pementasan opera Beijing = Body movement training vocal training and sense training in Beijing opera

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### Abstrak

Opera Beijing ( jngjù) merupakan salah satu opera lokal di Cina yang pertama kali muncul pada pemerintahan Kaisar Qiánlóng (1736-1796 M) ketika zaman Dinasti Qing (qngcháo) (1616-1911 M). Hal-hal yang membuat Opera Beijing menarik dapat dilihat dari segi kostum, tata rias, dan akting. Dalam jurnal ini penulis akan membahas Opera Beijing dari segi akting khususnya mengenai proses latihan para pemain Opera Beijing. Penulis akan memaparkan mengenai olah tubuh, olah vokal, dan olah rasa para pemain Opera Beijing yang telah mereka bina sejak mereka masih kecil.<hr><i>Beijing Opera (jngjù), is one of the local opera in China which first appeared during the reign of Qiánlóng (AD 1736-1796), Qing Dynasty ( qngcháo) (AD 1616-1911). Things that make Beijing Opera attractive can be viewed from its costume, makeup, and act. In this paper the author will discuss about Beijing Opera in terms of acting, especially regarding the training process of the Beijing Opera actors. The author will explain about body movement training, vocal training, and sense training of the Beijing Opera actors which is trained since they were a children.</i>