

# Analisis praktik residensi keperawatan medikal bedah dengan pendekatan teori model self care orem pada pasien dengan gangguan sistem respirasi gagal napas e c destroyed lung = Analysis on medical surgical nursing residency practice with orem self care theory model approach on patient with respiratory disorders respiratory failure e c

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## Abstrak

**ABSTRAK**  
Nama Ratna Sari Dinaryanti Program studi Ners Spesialis Keperawatan Medika Bedah Judul Analisis Praktik Residensi Keperawatan Medikal Bedah dengan Pendekatan Teori Model Self Care Orem pada Pasien dengan Gangguan Sistem Respirasi Gagal Napas e c Destroyed Lung dan Bekas Tuberkulosis Paru di RSUP Persahabatan Jakarta Praktik residensi keperawatan medikal bedah peminatan sistem respirasi memiliki tujuan untuk menjalankan tiga peran ners spesialis Peran sebagai manajer kasus pemberi layanan dan inovator Sebagai manajer kasus residens mengelola kasus utama pasien dengan diagnosa gagal napas e c destroyed lung dan bekas TB Paru 30 kasus resume dengan menggunakan Teori Self Care Orem Masalah keperawatan utama yang paling sering muncul adalah ketidakefektifan bersihan jalan napas Sebagai pemberi layanan residen telah menerapkan intervensi keperawatan berdasarkan pembuktian yaitu pemberian posisi semirecumbent 45o pada pasien yang terpasang ventilasi mekanik untuk mencegah terjadinya Ventilator Associated Pneumonia VAP Inovasi keperawatan yang dilakukan yaitu penerapan pendidikan kesehatan dengan metode diskusi interaktif kelompok untuk meningkatkan pengetahuan dan motivasi serta telenursing dengan sms reminder untuk meningkatkan kepatuhan minum obat pada pasien tuberkulosis di Poli Paru RSUP Persahabatan Jakarta Kata kunci Praktik Keperawatan Medikal Bedah Sistem Respirasi Teori Self care Orem Ventilator Associated Pneumonia VAP Posisi Semirecumbent 45o Pendidikan kesehatan Telenursing

**ABSTRACT**  
Name Ratna Sari Dinaryanti Study Programme Medical Surgical Nurse Specialist Title Analysis on Medical Surgical Nursing Residency Practice with Orem Self Care Theory Model Approach on Patient with Respiratory Disorders Respiratory Failure e c Destroyed Lung and Tuberculosis in Persahabatan Hospital Jakarta The purpose of Medical surgical nurse resident in respiratory system clinical practice is to perform three roles of a nurse specialist as a case manager healthcare provider and innovator As a case manager the resident managed a case of respiratory failure e c destroyed lung and tuberculosis patient and 30 resume cases with Orem Self Care theory approach The main nursing problem found during the clinical practice was ineffective airway clearance As a healthcare provider the resident had applied an evidence based nursing intervention that has been using semirecumbent 45o position to prevent Ventilator Associated Pneumonia VAP in patient with mechanical ventilation As an innovator resident had made a health education with interactive group discussion to increase knowledge and motivation and telenursing with sms reminder to increase medication adherence in patient with tuberculosis Keyword Medical Surgical Nursing Practice Respiration System Orem Self Care Theory Ventilator Associated Pneumonia VAP Semirecumbent 45o position Health Education Telenursing