

Massage therapy : principles and practice

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20425326&lokasi=lokal>

Abstrak

This combines the classically accepted ideology of the past with today's new concepts. [In the textbook, the authors] use modern educational techniques to bridge the gap between old and new, thus creating the highest quality educational and reference materials to be found in the field of massage therapy. [The] primary aim is to provide the fundamental topics that massage therapy schools must teach students to prepare them for a career in massage therapy.