

# Hubungan antara relationship contingency of self-worth dengan kepuasan hubungan romantis pada dewasa muda = The Relationship between relationship contingency of self-worth and romantic relationship satisfaction on young adults / Achmad Pribagus Utomo

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## Abstrak

### **ABSTRAK**

Penelitian ini ingin melihat hubungan antara relationship contingency of self-worth dengan kepuasan hubungan romantis pada orang yang berpacaran. Relationship contingency of self-worth yang dapat diartikan sebagai perbedaan individu dalam menganggap pentingnya hubungan romantis dalam membentuk self-esteem nya akan memengaruhi dinamika hubungan romantisnya. Dinamika dan evaluasi hubungan ini dapat dilihat dari kepuasan hubungan romantisnya. Relationship contingency of self-worth diukur menggunakan relationship contingency of self-worth scale, dan kepuasan hubungan romantis diukur menggunakan Relationship Assesment Scale. Kedua alat ukur sudah diadaptasikan ke Bahasa Indonesia. Partisipan pada penelitian adalah orang yang sedang berpacaran, berusia dewasa muda yaitu 19-35 tahun, dan sedang berdomisili di Jabodetabek. Jumlah partisipan yang didapatkan sebanyak 483 orang. Hasil penelitian ini ditemukan bahwa terdapat hubungan positif signifikan antara relationship contingency of self-worth dengan kepuasan hubungan romantis pada dewasa muda yang berpacaran ( $r = 0.121$ ,  $p < 0.005$ ).

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### **ABSTRACT**

This research would like to observe the correlation between relationship contingency of self-worth and the satisfactory of romantic relationships in couples who are dating. Relationship contingency of self-worth could be explained as an individual difference in assuming the importance of romantic relationship in creating the self-esteem in which would influence the dynamic of the romantic relationship. The dynamic and evaluation of the correlation could be observed from the satisfactory of the romantic relationship. Relationship contingency of self-worth is measured using the relationship contingency of self-worth scale, whereas the satisfactory of romantic relationship is measured using Relationship Assesment Scale. Both measuring tools have been adapted to Bahasa Indonesia. Participants in the following research are those who are young adults age 19-35, dating at present time, and is currently living in Jabodetabek. The number of participants gathered were 483 people. Findings of the research showed that there is a significant positive correlation between the relationship contingency of self-worth and the satisfactory of romantic relationship in young adults who are dating ( $r = 0.121$ ,  $p < 0.005$ ).