

Hubungan antara parent attachment dan adaptabilitas karir pada siswa SMA kelas 12 = Relationship between parent attachment and career adaptability for 12th grader senior high school students

Ulfa Jihan Khusna, author

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Abstrak

Penelitian ini dilakukan untuk melihat hubungan antara parent attachment dan adaptabilitas karir pada siswa SMA kelas 12. Responden penelitian ini adalah siswa SMA kelas 12 di Jakarta, sebanyak 272 orang. Parent attachment diukur dengan menggunakan alat ukur IPPA-R (Inventory Parent and Peer Attachment Revised) father mother version yang disusun oleh Greenberg dan Armsden (2009). Adaptabilitas karir diukur dengan Skala Adaptabilitas Karir yang disusun oleh Indianti (2015). Hasil penelitian ini menunjukkan bahwa terdapat hubungan positif dan signifikan antara parent attachment dengan adaptabilitas karir ($r = 0,281$, $p < 0,01$). Artinya semakin tinggi parent attachment, maka semakin tinggi adaptabilitas karirnya. Ditemukan pula bahwa attachment pada ibu berkontribusi lebih besar terhadap adaptabilitas karir, dibandingkan dengan attachment ayah. Berdasarkan hasil penelitian ini, penting untuk membangun attachment antara orangtua dengan remaja agar memiliki adaptabilitas karir yang baik.

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The research aims to get the correlation between parent attachment and career adaptability on 12th grader senior high school students. The participants of this research are the 12th grader senior high school students in Jakarta, amounts 272 students. Parent attachment was measured by measurement tools IPPA-R (Inventory Parent and Peer Attachment Revised) father mother version made by Greenberg and Armsden (2009). On the other hand, career adaptability measured by measurement tools Career Adaptability Scale made by Indianti (2015). The results indicates that there are positive and significant relations between parent attachment and career adaptability ($r = 0,281$, $p < 0,01$). Which means, the higher amount of parent attachment, the higher career adaptability. Result also showed that mother attachment gives more contributions to career adaptability than father attachment. Based on this results, its important to build attachment between parent and adolescence to have a good career adaptability.