

Hubungan antara persepsi siswa terhadap program bimbingan konseling karir dan adaptabilitas karir pada siswa sma kelas 3 = The relationship between student perception toward career counseling program and career adaptability in 3rd grader senior high school student

Julia Jasmine, author

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Abstrak

Penelitian ini dilakukan untuk mendapatkan gambaran mengenai hubungan antara persepsi siswa terhadap program Bimbingan Konseling (BK) Karir dan adaptabilitas karir pada siswa SMA kelas 3 di Jakarta.

Pengukuran persepsi siswa terhadap BK Karir dikembangkan berdasarkan Tujuan BK Karir pada Permendikbud No. 111 Tahun 2014 dan terbagi ke dalam dua aspek yaitu kurikulum BK Karir dan Guru BK. Pengukuran adaptabilitas karir diukur menggunakan Skala Adaptabilitas Karir (Indianti, 2015) yang disesuaikan untuk anak SMA. Partisipan berjumlah 272 siswa SMA yang berasal dari sekolah negeri dan swasta.

Hasil penelitian ini menunjukkan bahwa ada hubungan antara BK Karir yang dipersepsi positif oleh siswa dengan adaptabilitas karir ($r = 0,144$; $p = 0,009$; signifikan pada L.o.S 0,01). Artinya semakin tinggi peran BK Karir yang dipersepsi positif oleh siswa, maka semakin tinggi adaptabilitas karirnya. Selain itu, penelitian juga membuktikan bahwa kurikulum karir memiliki koefisien korelasi lebih besar daripada guru BK. Berdasarkan hasil tersebut, diharapkan program bimbingan konseling karir di sekolah mampu meningkatkan kualitas kurikulum BK Karir dan guru BK agar siswa tidak mengalami kesulitan dalam memutuskan karir selepas SMA.

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This research was conducted to find the correlation between student perception toward Career Counseling program and career adaptability among 3rd grader students in Senior High School in Jakarta. Students' perception in Career Counseling was measured by adapting The Vision of School Counseling Program which stated in Permendikbud No. 111 Tahun 2014 and divided into two aspects which are career curriculum and teacher. Meanwhile career adaptability was measured by Skala Adaptabilitas Karir (Indianti, 2015) which adjusted to high school students. Number of participants in this research was 272 students came from public and private senior high school in Jakarta.

Result of this research shown that career counseling which is perceived positively by students has a correlation with career adaptability ($r = 0,144$; $p = 0,009$; significant at L.o.S 0,01). Which means, the higher amount of career counseling perceived positively, the higher career adaptability. Research also found that career curriculum has higher correlation coefficient than teacher. The research result could be used to improve the quality of curriculum and teacher to develop students' career adaptability.