

## Pengaruh persepsi keterlibatan orangtua terhadap parenting self-efficacy pada orangtua dengan anak usia kanak-kanak madya = The influence of perceived parental involvement on parenting self-efficacy among parents with middle childhood children

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### Abstrak

Pengasuhan yang dilakukan oleh orangtua terhadap anak memiliki hubungan dengan pengalaman keterlibatan orangtua di masa lalu. Penelitian ini bertujuan untuk melihat pengaruh antara ketiga dimensi persepsi keterlibatan orangtua (ayah dan ibu) yaitu instrumental, ekspresif, dan mentoring/advising terhadap parenting self-efficacy pada orangtua dengan anak usia kanak-kanak madya. Persepsi keterlibatan orangtua merupakan sejauh mana orangtua menunjukkan perilaku yang menandakan bahwa mereka ikut berpartisipasi dalam berbagai aspek kehidupan anak. Parenting self-efficacy merupakan persepsi dalam memandang kemampuannya yang dapat memengaruhi perilaku dan perkembangan anak secara positif. Pada penelitian ini, pengukuran persepsi keterlibatan orangtua menggunakan alat ukur Reported Father Involvement Scales (Finley & Schwartz, 2004) dan Reported Mother Involvement Scales (Finley, Mira, & Schwartz, 2008), sedangkan pengukuran parenting self-efficacy menggunakan alat ukur Self-Efficacy for Parenting Task Index (SEPTI) (Coleman & Karraker, 2000). Partisipan dalam penelitian ini adalah 302 orangtua dengan anak usia kanak-kanak madya dan berada di rentang usia 25-45 tahun yang diperoleh dengan teknik convenience sampling. Penelitian ini menggunakan metode kuantitatif. Hasil penelitian menunjukkan bahwa terdapat pengaruh antara ketiga dimensi persepsi keterlibatan ayah yang signifikan secara bersama-sama terhadap parenting self-efficacy  $F(3,298)= 3,959, p<0,01$ . Hasil penelitian juga menunjukkan bahwa terdapat pengaruh antara ketiga dimensi persepsi keterlibatan ibu yang signifikan secara bersama-sama terhadap parenting self-efficacy  $F(3,298)= 2,858, p<0,05$ . Implikasi dari hasil penelitian ini yaitu diharapkan orangtua meningkatkan keterlibatannya dalam berbagai aspek kehidupan anak dan memberikan pengasuhan yang positif bagi anak-anak mereka.

.....Parenting correlates with how ones parent involve in childhood experience. This research was conducted to determine the influence of the three dimensions of perceived parental involvement (father and mother) that is instrumental, expressive, and mentoring/advising on parenting self-efficacy among parents with middle childhood children. Perceived parental involvement refers to the extent to which parents participate in various aspects of their children?s lives. Parenting self-efficacy is parents perceptions of their ability to positively influence the behavior and development of their children. Perceived parental involvement was measured by Reported Father Involvement Scales (Finley & Schwartz, 2004) and Reported Mother Involvement Scales (Finley, Mira, & Schwartz, 2008), parenting self-efficacy was measured by Self-Efficacy for Parenting Task Index (SEPTI) (Coleman & Karraker, 2000). Participants in this study were 302 parents aged 25-45 years with middle childhood children are obtained through convenience sampling technique. This research used quantitative method. The results showed that there was a significant influence of three dimensions of perceived father involvement on parenting self-efficacy  $F(3,298)= 3,959, p<0,01$ , also there was a significant influences of three dimensions of perceived mother involvement on parenting self-efficacy  $F(3,298)= 2,858, p<0,05$ . The implication of this research is parent are expected to increase their

involvement in various aspects of their children's lives and provide positive parenting to their children.