

# Hubungan trait kepribadian dengan perilaku caring mahasiswa profesi Fakultas Ilmu Keperawatan Universitas Indonesia = Relationship between personality trait with caring behavior in clinical nursing student at Faculty of Nursing Universitas Indonesia

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Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20429676&lokasi=lokal>

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## Abstrak

Perilaku caring merupakan inti dari keperawatan yang harus dipraktikkan sejak di dunia pendidikan. Trait kepribadian berperan dalam pembentukan sikap dan perilaku individu. Penelitian deskriptif korelasi dengan pendekatan cross-sectional dengan menggunakan uji chi-square ini bertujuan untuk mengetahui hubungan antara trait kepribadian mahasiswa dengan perilaku caring. Jumlah sampel pada penelitian ini adalah 60 mahasiswa profesi yang ditentukan berdasarkan simple random sampling. Instrumen yang digunakan adalah NEO-Five-Factor Inventory oleh McCrae dan Costa untuk data trait kepribadian dan Caring Efficacy Scale oleh Coates untuk variabel perilaku caring.

Hasil penelitian ini menunjukkan bahwa terdapat hubungan yang bermakna antara trait kepribadian extraversion, agreeableness, conscientiousness, dan neuroticism dengan perilaku caring ( $p=0,002-0,036, = 0,05$ ), sedangkan trait kepribadian openness to experience tidak memiliki hubungan yang bermakna dengan perilaku caring ( $p=0,060, = 0,05$ ). Proses pembelajaran yang dapat membentuk karakter dan perilaku caring di instansi pendidikan perlu ditingkatkan lagi.

.....Caring behavior is core of nursing which must be practiced since in the nursing education. Attitudes and behavior of individuals are affected by personality trait. This correlation descriptive study with cross-sectional approach using the chisquare test aimed to determine the relationship between personality trait with caring behavior of clinical nurisng students. Instrument that used in this research are NEO-Five-Factor Inventory by McCrae and Costa for personality trait, and Caring Efficacy Scale by Coates for caring behavior. The number of samples in this study were 60 clinical nursing students. They were determined based on simple random sampling.

The results of this study indicated that there was a significant correlation between the personality trait extraversion, agreeableness, conscientiousness and neuroticism with caring behavior ( $p = 0.002$  to  $0.036, = 0.05$ ), whereas the personality trait openness to experience did not have a significant relationship with caring behavior ( $p = 0.060, = 0.05$ ). A learning process that can built student caracter and caring behaviour in nursing education must be improved.