

Kepuasan seksual perempuan selama kehamilan = Women sexual satisfaction during pregnancy / Mei Riayu

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Abstrak

ABSTRAK

Seksualitas sebagai aspek utama sebagai manusia dialami dan diekspresikan melalui pikiran, fantasi, keinginan, keyakinan, sikap, nilai-nilai, perilaku, praktik, peran dan hubungan. Kehamilan merupakan salah satu kondisi yang memengaruhi seksualitas perempuan. Tujuan penelitian ini adalah mengetahui kepuasan seksual perempuan selama kehamilan. Pengambilan sampel pada 104 perempuan hamil menggunakan desain deskriptif dan teknik quota non random sampling di Palangka Raya. Instrumen penelitian berupa kuesioner karakteristik perempuan hamil dan The New Sexual Satisfaction Scale (NSSS). Hasil penelitian menunjukkan sebagian besar perempuan melaporkan cukup puas dengan hubungan seksual selama kehamilan sebanyak 66,3%. Kepuasan seksual tidak bergantung dari kuantitas hubungan seksual yang dilakukan tetapi lebih pada kualitas hubungan seksual tersebut. Berdasarkan faktor sub skala fokus ego dan fokus pasangan dan aktivitas seksual, fokus pasangan lebih tinggi dari sub ego yang ditandai dengan perempuan hamil merasakan bahwa aktivitas seksual yang dilakukan oleh pasangan lebih memuaskan. Peneliti merekomendasikan bahwa seksualitas penting untuk diperhatikan oleh perempuan termasuk perempuan hamil walaupun merupakan hal yang tabu karena kepuasan seksual memengaruhi kesejahteraan selama kehamilan.

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ABSTRACT

Sexuality is main aspect of human being which is felt and expressed through mind, fantasy, desire, faith, attitude, value, behaviour, practice, role, and relationship. Pregnancy is one of the condition that influenced women sexuality. The aimed in this study to describe women sexuality satisfaction during pregnancy. Participants in this study are one hundred four pregnant women in Palangka Raya which used descriptive design and quota non random sampling technique. Instruments were used participant characteristic and The New Sexual Satisfaction Scale (NSSS). The result: showed that sixty six point three percent of participant report they have been moderately satisfied during pregnancy. Sexual satisfaction is not depend on quantity that sexual had been done but affected by quality. According to sub scale which focus of ego and focus of partner and sexual activity, husband concern is the most important than others. It is showed that pregnant women report sexual activity has been done by husband more satisfaction. Recommendation: suggest that sexuality is important to attention by women including during pregnancy. Although it is taboo but sexual satisfaction can be influencing pregnancy well-being.