

Hubungan perilaku perawatan kebersihan mulut dengan status gizi anak usia sekolah di SDN Jatisampurna x, kota Bekasi = Correlation between oral hygiene behaviour and nutritional status in school aged children at SDN Jatisampurna x Bekasi

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Abstrak

ABSTRAK

Status gizi memiliki hubungan timbal balik dengan kesehatan gigi dan mulut. Kesehatan gigi dan mulut dapat mempengaruhi status gizi anak usia sekolah. Penelitian ini bertujuan mengetahui hubungan perilaku perawatan kebersihan mulut dengan status gizi anak usia sekolah. Penelitian ini menggunakan desain cross-sectional dengan 109 responden di SDN Jatisampurna X, Kota Bekasi. Pengambilan sample menggunakan metode proportionate stratified sample random sampling. Hasil penelitian menunjukkan bahwa tidak ada hubungan antara perilaku perawatan kebersihan mulut dengan status gizi anak usia sekolah (p value; 0,334). Penelitian ini merekomendasikan pihak sekolah melakukan kerjasama dengan puskesmas terdekat untuk mengadakan kegiatan berkala terkait kebersihan mulut seperti menggosok gigi bersama setiap hari.

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ABSTRACT

Nutritional status have mutual correlation with oral and dental health. Oral and dental health is factor influencing nutritional status in school-aged children. This research was aimed to identify the correlation between behaviour of oral hygiene and nutritional status of school-aged children. This was a cross-sectional design study with 109 respondents. Samples were recruited using proportionate stratified random sampling. The result of this study showed that there is no significant correlation between behaviour of oral hygiene with nutritional status of schoolaged children (p value: 0,334). The author suggests to School cooperate with health center implement a oral hygiene practice regularly such as brushing teeth together everyday.