

# Hubungan regulasi emosi dengan civility di konteks media sosial pada remaja = The relationship between emotion regulation and civility in social media context among adolescence / Riskia Ramadhina Sukriananda

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## Abstrak

### **ABSTRAK**

Penelitian ini bertujuan untuk melihat hubungan antara regulasi emosi dengan civility di konteks media sosial pada 278 remaja. Regulasi emosi diukur dengan difficulties of emotion regulation scale (DERS) yang disusun oleh Gratz & Roemer (2004), dan telah diadaptasi oleh Listyani (2014). Sedangkan civility diukur dengan Incivility in Online Learning Environment Scale (IOLES) yang disusun oleh Clark, Wreth & Ahten (2012) yang telah diadaptasi. Data diolah dengan teknik statistik Pearson Product Moment. Temuan penelitian membuktikan bahwa terdapat hubungan positif yang signifikan antara regulasi emosi dengan civility di konteks media sosial pada remaja ( $r = 0,306$ ;  $p < 0,01$ ). Dapat disimpulkan bahwa semakin meningkat kemampuan regulasi emosi seseorang maka semakin meningkat pula tingkah laku civil. Implikasi dan saran penelitian didiskusikan lebih lanjut.

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### **ABSTRACT**

This study examined the relationship between emotion regulation and civility in social media context among 278 adolescences. Emotion Regulation is measured by Difficulties of Emotion Regulation Scale (DERS) which is developed by Gratz & Roemer (2004) and adapted by Listyani (2014). In this research, civility is measured by Incivility in Online Learning Environment Scale (IOLES) which is developed by Clark, Wreth & Ahten (2012) and has been adapted. Data was processed using Pearson Product Moment method. The result revealed the positive and significant correlation between emotion regulation and civility in social media context among adolescence ( $r = 0,306$ ;  $p < 0,01$ ). The conclusion is higher level of emotion regulation predicts higher level of civility. Research implications and suggestions are discussed.