

Hubungan antara romantic attachment styles dan status identitas pada remaja akhir = The Relationship between romantic attachment styles and identity status in late adolescents

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Abstrak

Didasari oleh fenomena maraknya perilaku seks bebas pada remaja di Indonesia, peneliti mencurigai bahwa adanya hubungan antara perilaku seks bebas dan status identitas. Penelitian ini bertujuan untuk melihat hubungan antara romantic attachment styles dan status identitas pada remaja akhir. Romantic attachment styles merupakan pola dari berbagai harapan, kebutuhan, emosi, dan perilaku sosial pada figur attachment (pacar) sebagai hasil dari pengalaman attachment pada masa lalu yang biasanya diawali dari hubungan dengan orangtua (Fraley dan Shaver, 2000). Status identitas diartikan sebagai adanya eksplorasi dan komitmen pada ranah pekerjaan dan ideologi (Marcia, 1993). Romantic attachment styles responden diukur dengan alat ukur Experience in Close Relationship-Short Form yang dikembangkan oleh Wei, Russell, Mallinckrodt, dan Vogel (2007) dan diadaptasi oleh Wardani (2015). Status identitas diukur dengan alat ukur Extended Objective Measure of Ego Identity Status yang dikembangkan oleh Adams & Benion (1994). Responden dalam penelitian ini adalah 184 remaja akhir berusia 18-21 tahun. Hasil penelitian menunjukkan bahwa terdapat hubungan signifikan antara romantic attachment styles dan status identitas pada remaja akhir.

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Based on the phenomena of free sex among adolescents in Indonesia, researchers suspect that there is correlation between free sex and identity status. This study is aimed to examine the relationship between romantic attachment styles and identity status in late adolescents. Romantic attachment styles are patterns of expectations, needs, emotions, and social behavior in attachment figure as the results of the experience of attachment in the past which usually starts with the relationship with parents (Fraley and Shaver, 2000). Identity statuses were the presence of crisis and commitment in the areas of occupation and ideology (Marcia, 1993). Romantic attachment styles respondents was measured by using Experience in Close Relationship-Short Form which was developed by Wei, Russel, Mallinckrodt, and Vogel (2007) and had been adapted by Wardani (2015). Identity status was measured by using Extended Objective Measure of Ego Identity Status which was developed by Adams & Benion (1994). Respondents of this research were 184 late adolescents in aged 18 to 21 years old. The result of this research shows that there is a significant correlation between romantic attachment styles and identity status in the late adolescents.