

Hubungan antara academic social comparison dan rasa bersyukur pada mahasiswa Universitas Indonesia = The correlation between academic social comparison and gratitude among college students in Universitas Indonesia

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Abstrak

Menjadi mahasiswa di perguruan tinggi terbaik di Indonesia merupakan suatu tantangan tersendiri bagi beberapa orang. Demotivasi misalnya, tidak dapat dihindarkan ketika menjadi mahasiswa karena melihat sesama teman perkuliahan yang memiliki prestasi lebih baik. Tujuan dari penelitian ini adalah untuk melihat apakah terdapat hubungan antara academic social comparison dan rasa bersyukur pada mahasiswa Universitas Indonesia. Penelitian ini merupakan penelitian kuantitatif. Pengukuran variabel dalam menggunakan alat ukur Social Comparison menggunakan Iowa-Netherland Comparison Orientation (INCOM) Scale oleh Gibbons & Buunk (1999) yang sudah diadaptasi ke dalam konteks akademis dan alat ukur rasa bersyukur menggunakan Gratitude-Questionnaire-6 item (GQ-6) oleh McCullough, Emmons, dan Tsang (2002). Terdapat 305 responden yang terdiri atas mahasiswa UI. Hasil penelitian menunjukkan hubungan yang tidak signifikan antara academic social comparison dan rasa bersyukur pada mahasiswa UI.

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Being a student in the best university in Indonesia become a challenge for some people. Demotivated can not be avoided when you are a college student at Univesitas Indonesia (UI) because of seeing other fellow students who had a better performance. The purpose of this study was to investigate the correlation between academic social comparison and gratitude among college students in UI. This research was a quantitative research. Academic social comparison was measured by Iowa-Netherland Comparison Orientation (INCOM) Scale constructed by Gibbons & Buunk (1999) that has been adapted to academic context. Gratitude was measured by Gratitude Questionnaire 6 items (GQ-6) constructed by McCullough, Emmons, & Tsang (2002). There were 305 respondents that consist of UI's students. The result of the study show that there is no significant correlation between academic social comparison and gratitude among college students in Universitas Indonesia.