

Hubungan efikasi diri menyusui ibu bekerja di rumah sakit dengan pemberian ASI eksklusif = The relations between hospital working mother's breastfeeding self efficacy with exclusive breastfeeding

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Abstrak

Efikasi diri menyusui merupakan prediktor durasi pemberian ASI eksklusif. Ibu bekerja di rumah sakit dapat mempengaruhi keputusan ibu yang melahirkan di rumah sakit agar dapat memberikan ASI secara eksklusif. Tujuan penelitian ini untuk mengetahui hubungan efikasi diri menyusui ibu bekerja di rumah sakit dengan pemberian ASI eksklusif. Desain penelitian adalah cross-sectional. Sembilan puluh ibu bekerja di rumah sakit menjadi sampel penelitian, diambil secara consecutive sampling. Analisis menggunakan uji Chi Square. Terdapat hubungan yang signifikan antara efikasi diri menyusui ibu bekerja di rumah sakit dengan pemberian ASI eksklusif. Efikasi diri menyusui ibu bekerja di rumah sakit perlu ditingkatkan agar pemberian ASI eksklusif juga meningkat.

.....Breastfeeding self-efficacy is a predictor of the duration of exclusive breastfeeding. A mother who works at the hospital may influence the decision of another mother who gave birth in hospital in order to provide exclusive breastfeeding. The purpose of this study is to determine the relation between the breastfeeding self-efficacy of the hospital working mother with the exclusive breastfeeding. The design of the study design is cross-sectional. There are ninety hospital working mothers as the research samples, which conducted by consecutive sampling. The analysis in this study is using Chi Square test. There is a significant relation between the breastfeeding self-efficacy of the hospital working mother with the exclusive breastfeeding. This finding has implication for hospital working mother?s breastfeeding self-efficacy needs to be improved so that exclusive breastfeeding also increases.