

Hubungan adolescent-mother career congruence, identitas vokasional, dan adaptabilitas karir pada siswa sekolah menengah kejuruan kelas 12 = The relationship between adolescent-mother career congruence, vocational identity and career adaptability of 12th grade vocational high school students

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Abstrak

Ibu menjadi rekan diskusi utama bagi remaja dalam menyiapkan perencanaan karir pada masa transisi. Meskipun beberapa penelitian menemukan hubungan antara dukungan ibu dan salah satu dari 4 dimensi adaptabilitas karir, belum ada penelitian yang dapat menjelaskan dukungan seperti apa dan bagaimana mekanisme yang menjelaskan keterlibatan ibu dalam mengembangkan adaptabilitas karir remaja. Tujuan dari penelitian ini adalah untuk melihat apakah kongruensi karir antara remaja dan ibunya berhubungan dengan adaptabilitas karir. Dalam menjelaskan hubungan kedua variabel, penelitian ini juga menguji pengaruh mediasi dari identitas vokasional. Sebanyak 297 siswa sekolah menengah kejuruan kelas 12 mengisi kuesioner yang berisi Adolescent-Mother Career Congruence Scale, Vocational Identity Scale, Inventori Adaptabilitas Karir, dan Data Demografi. Hasil dari analisis regresi dengan PROCESS membuktikan bahwa adolescent-mother career congruence berkorelasi positif dengan adaptabilitas karir ($b = 0.80$, $t(294) = 4.51$, $p < 0.001$). Di sisi lain, efek mediasi dari identitas vokasional tidak terbukti dalam penelitian ini ($b = 0.01$, 95% CI [-0.01, 0.08]). Hasil penelitian ini memberikan kesempatan kepada pengujian empiris lainnya tentang kualitas dari adolescent-mother career congruence seperti apa yang dapat mengembangkan identitas vokasional remaja. Diskusi teoritis dan implikasi praktis dari hasil temuan penelitian ini akan didiskusikan.

.....Mother become major partners who help adolescents to prepare for career planning during career transitions. Although several studies found relationship between mother support and each of 4 dimension of career adaptability, there is no study could explain what type of support and in which mechanism mother get involved to develop adolescent's career adaptability. This study aimed to test whether career congruence between adolescent and their mother related to career adaptability. To explain the relationship between those two variables, this study also aimed to ascertain the mediation effect of vocational identity. 297 participants of 12th grade vocational high school students completed questionnaires on Adolescent-Mother Career Congruence Scale, Vocational Identity Scale, Career Adaptability Inventory, and demographics. The result of regression analysis using PROCESS confirmed that adolescent-mother career congruence associated positively with career adaptability ($b = 0.80$, $t(294) = 4.51$, $p < 0.001$). In the other side, the mediating effect of vocational identity were not proven in this study ($b = 0.01$, 95% CI [-0.01, 0.08]). These findings warrant further empirical examination of the quality of adolescent-mother career congruence on behaves to develop adolescent's vocational identity. Theoretical and applied implications of the finding in this study are discussed.