

Pengaruh stimulasi auditory sensory dengan menggunakan terapi murottal al fatihah dan azan terhadap pemulihan fungsi kognitif dan perilaku pasien cedera kepala = Effect of auditory sensory stimulation therapy using murottal alfatihah and azan toward cognitive function and behavior recovery in head injury patients

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Abstrak

Terapi Murottal Al Fatihah dan Azan merupakan terapi dengan memperdengarkan Surah Al Fatihah dan Azan sebagai stimulus auditory sensory pada pasien cedera kepala. Penelitian ini, bertujuan agar diketahuinya pengaruh stimulasi terapi murottal al fatihah dan azan terhadap pemulihan fungsi kognitif dan perilaku. Menggunakan desain quasi eksperimen pre post test design with control group. sampel sebanyak 24 orang. Kelompok kontrol hanya mendapatkan pengobatan sesuai diprogramkan sedangkan kelompok intervensi selain mendapatkan pengobatan juga diberi stimulasi terapi murottal al-fatihah dan azan 5 kali sehari selama 7 hari. Penilaian pemulihan fungsi kognitif dan perilaku n pada hari ke-3 dan ke-7 dengan menggunakan skala Ranchos Los Amigos Level Cognitive Functioning Scale. Terdapat pengaruh yang signifikan pemulihan fungsi kognitif dan perilaku diantara kelompok intervensi dan control (p value = 0,046). Terapi Murottal Al fatihah dan Azan meningkatkan proses pemulihan fungsi kognitif dan perilaku, sehingga terapi ini disarankan diberikan pada pasien cedera kepala yang mengalami penurunan kesadaran.

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Murottal Al-Fatihah and Azan therapy is an intervention using surah Al-Fatihah and Azan as auditory sensory stimulus in patients with head injury. The research was aimed to know the effect of auditory sensory stimulation on cognitive function and behavior recovery effect. This study was quantitative research using a quasi-experimental with pre-posttest design with control group. This study used 24 respondents. The control group only received treatment according to the usual programme while the intervention group received treatment and also stimulated by murottal al-Fatihah and azan 5 times a day for 7 days. Recovery rate of cognitive function and behavior were evaluated in the first, 3 days and followed at 7 days use Ranchos Los Amigos Levels of Cognitive Functioning Scale. There was a significant effect of cognitive function and behavior recovery between the intervention and control groups (p value = 0.046). Murottal Al Fatihah and Azan therapy improve recovery process of cognitive function and behavior, therefore this therapy can be use for head injury patients with loss of consciousness.