

Perbedaan pengaruh pendidikan kesehatan paket "risiki" dan leaflet terhadap kesiapan ibu hamil beresiko dan suami dalam menghadapi persalinan = The different influence between packages health education "risiki" and leaflet toward the birth preparedness of high risk pregnant women and their husband / Riski Oktafia

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Abstrak

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World Health Organization (WHO) memperkirakan 800 perempuan meninggal setiap harinya akibat komplikasi kehamilan dan proses kelahiran. Sekitar 80% kematian maternal merupakan akibat komplikasi selama kehamilan, persalinan dan postpartum. Oleh sebab itu diperlukan pendidikan kesehatan yang komprehensif untuk mempersiapkan ibu hamil beresiko dan suami dalam menghadapi persalinan. Penelitian ini bertujuan mengidentifikasi perbedaan pengaruh pendidikan kesehatan paket "Risiko" dan pendidikan kesehatan dengan leaflet terhadap kesiapan ibu hamil beresiko dan suami dalam menghadapi persalinan. Desain penelitian adalah kuasi eksperimen dengan sampel 43 orang di kelompok satu dan 43 sample di kelompok dua dipilih dengan quota sampling. Instrumen yang digunakan adalah Birth Preparedness and Complication Readiness (BPCR). Hasil penelitian ini menunjukkan ada perbedaan pengaruh pendidikan kesehatan paket "Risiko" terhadap kesiapan ibu hamil beresiko dan suami dibandingkan dengan pendidikan kesehatan menggunakan leaflet,  $p=0,001$ . Penelitian ini merekomendasikan untuk menggunakan paket "Risiko" dalam pemberian pendidikan kesehatan pada ibu hamil resiko tinggi dan suaminya.

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**ABSTRACT**

WHO estimates that 800 women has died because of pregnancy complication and delivery process everyday. Approximately 80% maternal mortality in the world is caused by the complication during pregnancy, delivery and postpartum. Those situation needs a comprehensive health education to prepare the high risk pregnant women and their husband. The aim of this study is to identify the different influence between package health education "Risiko" and leaflet to prepare the high risk pregnant women and their husband in delivery. This research used a quasy experiment to compare two group pre and post intervention. First group with "Risiko"; package involved 43 sample and second group with leaflet for 43 sample. The birth preparedness and complication readiness (BPCR) is used in this study. The result showed that there were a significant diferrent between group one and group two ( $p=0,001$ ). This study recommend that it is important to used this package in the health education for high risk pregnant women and their husband