

Pengembangan program pelatihan perkesmas berfokus asuhan keperawatan maternitas sebagai kontribusi perawat dalam pelayanan pada ibu hamil berisiko di Kabupaten Cianjur. = Perkesmas training program development in maternity nursing care as nurse s contribution on caring for high risk pregnant women in Cianjur Region

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Abstrak

Perawat memiliki potensi dalam pencegahan primer dan melakukan pendidikan di masyarakat, tetapi dalam implementasi beberapa program utama rencana aksi percepatan penurunan angka kematian ibu di Indonesia peran perawat hanyalah sebagai pendukung bahkan pelibatannya sangat minimal.

Penelitian ini bertujuan mengoptimalkan kompetensi perawat dalam program perawat kesehatan masyarakat (Perkesmas) terintegrasi pelayanan maternitas pada ibu hamil berisiko di Kabupaten Cianjur melalui pengembangan program pelatihan perkesmas maternitas. Penelitian tahap satu merupakan penelitian kualitatif fenomenologi. Penelitian tahap dua yaitu pengembangan program pelatihan dan modul perkesmas yang dilanjutkan dengan pelatihan pada 10 perawat puskesmas. Penelitian tahap tiga, penelitian kuasi eksperimen menggunakan metode consecutive sampling dengan jumlah sampel 66 orang (33 orang kelompok intervensi dan 33 orang kelompok kontrol).

Hasil penelitian kualitatif teridentifikasi tiga tema dan lima subtema yang dinyatakan partisipan. Hasil penelitian kuantitatif membuktikan bahwa pelatihan modul perkesmas mampu meningkatkan pengetahuan, sikap, keterampilan dan kegiatan perawat dalam implementasi perkesmas dengan nilai kemaknaan 0,00. Implementasi modul mampu meningkatkan pengetahuan, sikap dan perilaku ibu hamil berisiko paska intervensi dengan nilai kemaknaan 0,00. Melalui analisis regresi logistik dibuktikan ada pengaruh variabel pengetahuan, sikap dan perilaku ibu hamil berisiko kelompok intervensi terhadap pemanfaatan fasilitas kesehatan.

Kesimpulan bahwa melalui pelatihan perkesmas maternitas, perawat puskesmas mampu berkontribusi dalam pelayanan :maternitas pada ibu hamil berisiko.

.....Nurses have a potential role in primary prevention and health education in community. However their role in the main programs in planning to reduce mother's death number in Indonesia is only as a supporter, and even gives a minimum involvement.

This research was aimed to optimize nurse's competencies in community health nurses program (perkesmas) which is integrated with maternity nursing care for high risk pregnant women in Cianjur Region through maternity perkesmas training program development. First stage of this research was a phenomenological qualitative. The second one was perkesmas training and module development which was followed by training for 10 primary health service nurses. The last stage was a quasi experiment research using consecutive sampling method with 66 respondents (33 each for intervention and controlled groups).

From the qualitative research, it was identified three themes and five subthemes. Meanwhile, the quantitative research proved that perkesmas module training was able to enhance nurse's knowledge, attitude and skills in perkesmas program with 0.00 significance. Module's implementation enhanced knowledge, attitude and skills among high risk pregnant women with 0.00 significance. Logistic regression analysis

proved the influence of knowledge, attitude and skills variables among high risk pregnant women in intervention group on health facility usage.

In conclusion, through perkesmas maternity training, primary health service nurses were able to contribute in maternity nursing care for high risk pregnant women.