

Pemberian asuhan keperawatan spesialis pada klien dengan isolasi sosial dalam menurunkan gejala dan meningkatkan kemampuan melalui pendekatan model konsep Hildegard E. Peplau dan konsep stress adaptasi stuart di RSMM Bogor = Psychiatric specialist nursing care for client with social isolation in reducing symptoms and improve the capability using Hildegard E. Peplau approach and stress adaptati concept stuart at RSMM Bogor

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Abstrak

ABSTRAK

Isolasi sosial yang tidak ditangani akan menyebabkan terjadinya gejala positif seperti halusinasi dan perilaku kekerasan. Social Skills Training meningkatkan kemampuan sosialisasi klien isolasi sosial. Hasil yang diharapkan adalah penurunan tanda gejala isolasi sosial serta peningkatan kemampuan sosialisasi klien. Tujuan karya ilmiah akhir ini menggambarkan tindakan keperawatan ners spesialis pada klien isolasi sosial dengan pendekatan Model Konsep Hildegard E. Peplau dan Stres Adaptasi Stuart. Analisa dilakukan pada 40 klien di Ruang Bratasena. Hasil Social Skills Training dapat meningkatkan kemampuan sosialisasi dan penurunan tanda gejala. Berdasarkan hasil diatas perlu direkomendasikan bahwa Social Skills Training dapat dijadikan standar tindakan keperawatan ners spesialis.

ABSTRACT

Social isolation is one of negative symptom to schizophrenic client. Untreat sosial isolation cause another problem like hallucination and violent. Social Skills Training improve the social skill. The expected outcome is decrease of social isolation symptoms and increase of social skill. The purpose of this final scientific work is to describe the management of nursing care social isolation clients using Peplaus Interpersonal Model Conceptual Approach and the Stuarts Stress Adaptation. Sample of this paper is 40 clients at Bratasenas room. The results of Social Skills Training is effective increased social skill and decrease the symptoms of client. Based on the results above, Social Skills Training can be used as standard therapy of psychiatric nursing specialists