

Asuhan keperawatan pada klien dengan ansietas yang mengalami tb paru = Nursing care to client with anxiety who suffer from tuberculosis / Nurma Harlianti

Nurma Harlianti, author

Deskripsi Lengkap: <https://lib.ui.ac.id/detail?id=20434734&lokasi=lokal>

Abstrak

ABSTRAK

Masalah fisik sering sekali disertai dengan masalah psikososial. Salah satu masalah psikososial yang sering muncul adalah ansietas yaitu perasaan tidak nyaman dan kekhawatiran, sering sekali penyebabnya tidak diketahui. Karya ilmiah ini melaporkan hasil asuhan keperawatan klien dengan ansietas yang menderita TB paru. Implementasi keperawatan dilakukan selama enam hari perawatan berupa teknik relaksasi napas dalam, distraksi, hipnosis lima jari dan kegiatan spiritual. Hasil berdasarkan respon verbal dan nonverbal klien teknik tersebut dapat efektif menurunkan ansietas sehingga peran perawat sangat penting dalam menerapkan aspek psikososial sebagai bagian dari keperawatan yang holistik.

ABSTRACT

Physical problems often accompanied by psychosocial problems. One of the psychosocial problem is anxiety which psychosocial problems signed by discomfort and worry feeling and the cause is often unknown. The objective of this paper is to report the results of nursing care to client with Tuberculosis. Implementation of nursing care was given during six days, such as deep breathing relaxation, distraction, five fingers relaxation, and spiritual activity. Results of this implementation is based on client?s verbal and nonverbal response showed that those techniques could effectively decrease anxiety so that role of nurse is important to apply psychosocial aspect as holistic nursing care.

;;;