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Perawatan pra prostodontik dengan splin oklusal pada kasus kehilangan gigi yang disertai gangguan sendi temporomandibula (laporan kasus)

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Abstrak

Pre-prosthetic treatment is very important step to get a successful prosthodontic treatment. This study reported a case of a patient with missing teeth on left and right lower first and second molar with TMJ symptoms. Other symptoms felt by the patients were car pain and shoulder pain. After detailed examination, pre-prosthetic treatment needed by the patient was the TMH treatment. The usage of occlusal splint as one of the methods to treat the TMD where i.e. eliminate the occlusal disorder to reduce the neuromuscular activity and to regain a stable centric relation. After the splint treatment, an open bite on the posterior teeth appeared. To solve this problem, a removable frame prosthesis enhanced with overlay rest was fabricated. With this prosthesis, the TMJ symptoms stopped recurring. It was concluded that to achieve a successful prosthesis a detailed and comprehensive treatment was needed including the pre-prosthetic treatment along with the patient's motivation and cooperation.