

Focal point: a proven system to simplify your life, double your productivity, and achieve all your goals

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Abstrak

Discover the true secrets of high achievers, discover your "focal point". The "focal point" is the one thing you should do at any given moment to get the best possible results in each area of your life. In this guide, author Brian Tracy, brings together ideas on personal management in a simple, easy-to-use plan to help readers analyze their lives in seven key areas and develop a goal and plan in each area. Learn how to gain control of your life, achieve success and be happy and fulfilled.